SPRING 2024

EDITION 75

The Independent

By St Michael's Association Inc

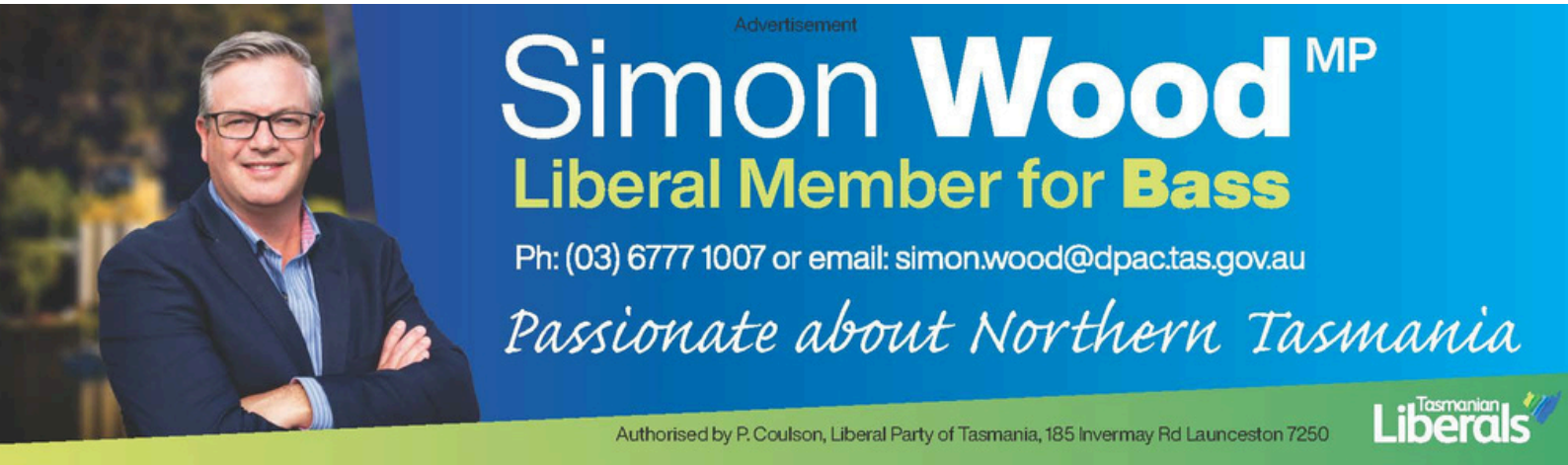


Highlights

STMA AGM

AFL Grand Final & Halloween

Membership Update



From the CEO

Mike Thomas

As we enjoy the warmer, vibrant days of spring, it's been wonderful seeing our community embrace new activities, growth, and learning opportunities. Across our programs, participants have not only been engaging in fun experiences but also building vital skills for greater independence.

At Newstead, our Day Program participants and support staff have been bustling with energy. Participants enjoyed a BBQ morning, followed by an afternoon at Circus Quirkus, giving everyone a chance to prepare food, play sports, and connect with nature. It's heartening to see how much these gatherings contribute to social engagement and personal development.

Spring's arrival also meant gearing up for shows and festivals! This season, many looked forward to and attended the Longford Show, with a record number of participants contributing with handcrafted entries in cooking, gardening and sewing. It was wonderful to see so many fantastic entries and the commitment and dedication shown by our participants and their support teams to produce such a vast number or quality entries. Well done to all involved!

Our garden projects also continue to bloom. From upcycling old furniture into vibrant flower beds to planning for new vegetable crops, participants have poured their creativity and enthusiasm into making sustainable green spaces.

These hands-on activities are not only educational but also bring joy and a sense of pride to everyone involved.

In East Devonport, our cooking programs have been a big hit, helping participants build independence while learning to prepare healthy meals. Activities like swimming, bowling, and the Coffee Club are more popular than ever, promoting both physical and social well-being. It is so rewarding to watch everyone's confidence grow as they take on these challenges and connect more with the community.

One of the highlights of the season has been the Crossroads Camp in Hobart. A dedicated group enjoyed exploring the city, visiting local attractions, and creating lasting memories. It is collaborations like these, with staff and volunteers lending their time and support, that make such experiences possible and enriching for everyone.

Whether it's through helping build friendships, achieving personal milestones, or discovering new passions, our community's efforts and dedication are what make St Michael's a truly special place.

Finally, as the festive season rapidly approaches, I would like to wish everyone a wonderful and joyous time and best wishes for a happy, healthy, safe and rewarding New Year. Enjoy the sunny days and summer ahead!

NEW SOCIAL COMMITTEE

We are thrilled to announce the formation of a Social Committee, a fresh initiative designed to unite staff and participants in creating memorable, engaging events throughout 2025 and beyond.

The Social Committee aims to foster a vibrant community where everyone feels connected and valued. By organising activities that encourage interaction, friendship and fun, this Committee will be pivotal in identifying, promoting and organising events.

Therefore we are seeking Expressions of Interest from enthusiastic individuals to join us in shaping the Committee's direction and the planning of a calendar of events that appeal to everyone. This is a unique opportunity to influence the types of gatherings we host and make a meaningful impact on our community culture. If you have creative ideas, enjoy event planning, or simply want to be a part of something exciting, we'd love to hear from you!

To express your interest in joining, please email us directly at socialcommittee@stmichaels.asn.au.

Let's make 2025 a year filled with connection, enjoyment, and lasting memories!

ST MICHAEL'S ANNUAL GENERAL MEETING 2024

The Annual General Meeting (AGM) of St Michael's Association Inc was held on 26 September 2024 in the St Michael's Hall on the Newstead campus. The meeting, the first under the new Constitution saw the election of Officer Bearers and Ordinary Board Members, the adoption of the financial report and the recognition of long-term staff members.

The meeting saw the re-election of Keith Watson as Treasurer as well as Brian Dunham and Cheryl Scott being re-elected as Ordinary Board Members, filling the two spilled positions on the Board.

The Association also celebrated and recognised the dedication of its longer-serving staff members dedication. Recognised for five years of service were Gary Bass, Danielle Brown, Veronica Chea, Stephen Hancock, Sophie Hughes, Ganga Karki, Ujwal Magar, Elizabeth Meeks, Phil O'Brien, Emma Pearce and Natasha Reardon. While Stephen Griffin, Patrick O'Callaghan and Craig Wrathall were honoured for their decade of service.

The AGM concluded with a warm appreciation for all attendees, followed by refreshments, marking another successful year for the Association.



















GRAND FINAL 2024- SOCIAL CLUB EVENT

The St Michael's Social Club came together for AFL Grand Final Day in the Merrington Centre, where participants and staff cheered, laughed and (the ones wearing red and white!) cried.

It was a successful team effort and all who attended enjoyed the company, food & entertainment. The Brisbane Lions dominated the game, with the result pretty much beyond doubt after half time, but that didn't dampen the spirits or fun of the day. Thanks to all involved!



MEMBERSHIP UPDATE

Join the Association

Becoming a member of St Michael's Association Inc. offers a unique opportunity to contribute to our community's future while actively participating in important decisions. Membership is just $25 per year, granting you voting rights at Annual General Meetings and give you a clear voice in shaping the Association's direction.

At our recent Special General Meeting, held in July 2024, saw members gather to discuss and vote on significant updates to the Association's Constitution. These amendments aligned our governance with the latest standards set by the Tasmanian Government, ensuring compliance and improving operational transparency.

Key changes included updating membership classifications, streamlining Board procedures, and adopting modernised rules for meetings and communications.

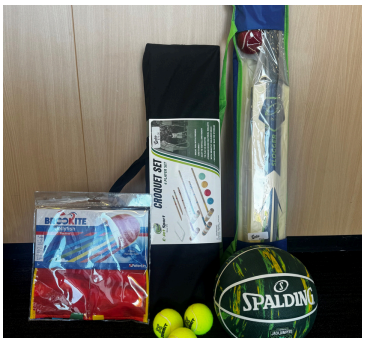
Your support as a member helps St Michael's remain adaptable and forward-thinking in its mission. Whether you're interested in governance, supporting community initiatives, or simply want to stay informed, membership ensures you are part of the journey.

Join us today to be an integral part of St Michael's future! To apply for membership simply email ceo@stmichaels.asn.au and a Membership Application will be sent to you.

RECENT DONATIONS

Thank you for your generosity





A huge thank you and shout out to Evolve Sport & Leisure Devonport for their amazing donation of outdoor equipment! With the weather warming up our participants in Day Program are going to have even more reason to get outside.

Also, to ANACONDA Devonport for their incredible donation of park and beach toys for our East Devonport Day Program!

ELBC PARTNERSHIP & "APPLES'S VICTORY"

Our ongoing partnership with the East Launceston Bowls Club will see the reintroduction of lawn bowls back into our Newstead Day Program in the new year. The collaboration also that promises more exciting opportunities for our community in 2025, but more details will be shared next time.

This partnership recently shone at the recent Vikings Tournament held on Saturday and Sunday on 5-6 October at the picturesque club. Andrew "Apples" Appleyard, a Disability Support Worker here at St Michael's, along with his bowling partner emerged victorious in the second-tier Zodiac Tournament. Congratulations to Apples, we are sure the prize money was handy on your recent holiday! Andrew's win serves as an inspiring example for our participants, showing how support, teamwork and an inclusive community can empower individuals to reach new heights.

The ELBC partnership supports St Michael's mission by providing more recreational options, encouraging community engagement, and sharing proceeds from club events, including tournaments like this one. With more events and activities in the pipeline, this partnership with ELBC is just the beginning of a vibrant chapter in community involvement for St Michael's.



Day Programs

Newstead







Our Day Program recently hosted a BBQ morning at Punchbowl, followed by an afternoon at Circus Quirkus. The participants all helped prepare and cook the BBQ and enjoyed playing ball sports, going for a walk, and feeding the ducks. We like to do these full day group activities from time to time to build social engagement around fun and inclusion.

We look forward to getting out more as the weather warms up! We've been keeping busy on rainy days with activities such as lawn bowls, cooking and craft. We're in the midst of rolling out our Summer Programs and look forward to welcoming new and regular participants with some revamped activities, aimed to encourage social engagement, build capacity and promote life skills.







Independent Services

The show season is approaching and with the cancellation of this year's Launceston Show, participants at Independent Services have been focusing their sights on the Longford Show, to enter their handcrafted items into the Cottage Industry Section.

The various groups will be entering handcrafted items in the following categories, cooking, gardening, craft and sewing.

This year we had a record 20 entries in the various categories with many participants attending the show to see how they went. Paul won First Place in the Cottage Industries for his Smiley Face craft project!



Kenneth Court residents graciously donated some soil left over from their own garden project. Participants were able to go out into Kenneth Court's garden and shovel soil into bags to bring back to Independent Services, for our new upcycle project. Thank you to the gentlemen at Kenneth for their kind donation.





The gardening group have been preparing for the growing season in our vegetable patch. They have been on trips to Bunnings where they have enjoyed a cuppa while looking at seeds and other material which they would need for a bumper crop this summer.

A project currently underway is upcycling an old filing cabinet into a flower bed with the aim of growing sunflowers and other plants that will bring pollinators to our vegetable garden.





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Day Programs

East Devonport

Spring has sprung! And so with it has the September weather. It's been a sodden start to the season in East Devonport but that hasn't stopped our participants and their support staff from trailblazing their way across the community and towards their goals and personal development.

Our revamped cooking program continues to attract new participants and expand. We've witnessed everyone becoming more enthusiastic about preparing healthy meals, developing their independence in the kitchen and most importantly taking these skills home and incorporating them into their daily lives.





Across the past month we've welcomed additional new staff to our team, so the warmest of welcomes are in order for Caseylee, Carly and Exerly.

These three individuals bring with them a range of lived and worked experience and have complimented our team and the participants we support fantastically.



We've continued to see increased participation in program areas focusing on community involvement and supporting participants' independence while out and about. Swimming on Mondays continues to receive more engagement than ever with a focus on individual health, wellbeing and exercise, while the Ten Pin Bowling, Coffee Club, Reclink and Freedom Friday programs have seen our staff and participants becoming somewhat local celebrities around town!

While these program areas sound like fun (because they are!), supporting our participants to budget, complete purchases, make informed decisions and participate in the surrounding community has always been at the forefront of our minds.



Crossroads Camp

Hobart & Surrounds

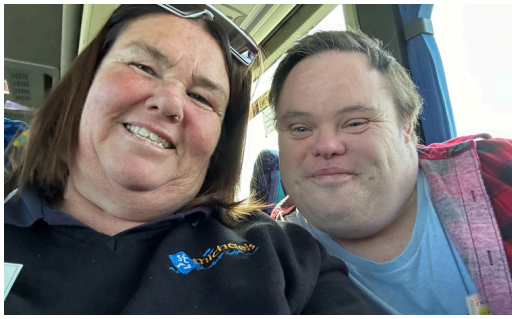
A group of our participants took part in the annual “Crossroads Weekender”. This year taking in the sights of Hobart.

A big thank you to the staff and volunteers who made this possible - collaborations like this make travel possible for our participants to explore our great state!

The weekend started with lunch at Richmond on the way down, followed by the Salamanca Markets and Hobart waterfront, before driving to Mt Nelson. Accommodation and dinner was at Wrestpoint. Day 2 took in MONA and the trasport museum, then lunch at Brighton before heading home.



















Supported Accommodation

KENNETH COURT



The participants at Kenneth Court have been making significant progress, each thriving in their own way over the past few months.

David continues to expand his work opportunities with his regular shifts at Italian Pizza and his role at Weed N Seeds, where he is building valuable skills. Alongside his work, David is focusing on developing a regular gym routine, although he is still working on making it consistent. During the recent AFL Grand Final Social Club at STMA, David took charge of the BBQ and finished as the runner-up in the sweep prize, contributing to the event's success.

Nicholas has been fully embracing his love for AFL, attending several matches and passionately supporting his favorite teams. At home, he has been helping staff with meal preparation, and it's wonderful to see him contribute in the kitchen. Nicholas also played a significant role in the AFL Final Social Day, assisting with the meal prep, and thoroughly enjoying the event alongside his peers.







Andrew and Stephen have stayed dedicated to their routine of attending church every Sunday and participating in their monthly Crossroads meetings. In September, they, along with Nicholas and David, had the opportunity to attend the Crossroads Weekend, which was a highlight for them all. Andrew was thrilled to win the first sweep prize during the AFL event. Additionally, he has been enjoying the benefits of his new glasses, which have made a positive impact on his daily life.

Stephen, beyond his regular activities, has been honing his drama skills, growing confidence in the arts which has been fantastic to witness.

All participants have also been learning to use their newly arrived spendable cards, which is helping them develop valuable financial management skills.

PENQUITE ROAD

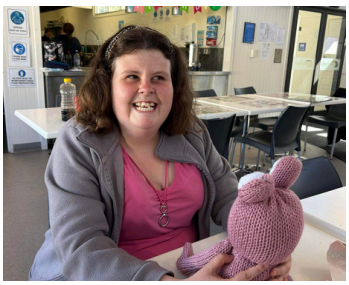
Alice is expanding on her kitchen skills, making her morning tea platters and lunches for the day. She's also made sugar free brownies and on occasions has been assisting to make dinner. Takeaway is a must for Alice on a Sunday; she is learning how to use the touch screens to order and pay, she can also order at the counter if she likes.

Alice has also enjoyed attending all of the social club functions such as the Halloween event and the AFL Grand Final party. Alice has continued attending Day Program daily.











Gabbie has been enjoying going swimming every second Saturday. Enjoying the after swim hot chocolate as much (if not more!) in the Aquatic Centre café.

Gabbie has enjoyed many adventures on the weekends, including Tasmania Zoo, and meeting Bluey and Bingo at a family day at Richardson's Harley Davidsons. Gabbie been taking on the responsibility of unpacking her bag when she gets home from Day Program, putting her lunch box in the sink and spare clothes away in her bedroom. She's also helping to put her clean laundry away.

Lisa has been working on her house cleaning skills, helping with vacuuming, taking the rubbish out, drying up dishes and cooking.

Lisa has been enjoying weekend adventures with the Penquite ladies. Going for picnic lunches in parks around Launceston, leisurely drives to bakeries such as Longford JJ's, then a walk around the Village Green. This has allowed Lisa to build up her confidence in environments other than home and Independent Services.





Donations

Tax Tip **"EVEN A $2 DONATION CAN BE USED AS A TAX DEDUCTION!"**

Yes, I would like to make a tax deductible gift to St Michaels Association Inc.

☐ $5 ☐ $25 ☐ $50 ☐ $75 ☐ $100 ☐ $1000 ☐ $2500 ☐ $5000 ☐ Other.....

☐ One time ☐ Ongoing ☐ Monthly x _____ months ☐ Quarterly x _____ years ☐ Annual x _____ years

Payment options:
Cash in person at St Michaels Association office (22 Hoblers Bridge Road), EFTPOS via phone (6331 7651), electronically (BSB 017042 Account Number: 002398139), Cheque/Money order made payable to St Michaels Association Inc. or Credit Card

☐ Visa ☐ Mastercard Card Number ☐☐☐☐ ☐☐☐☐ ☐☐☐☐ ☐☐☐☐

Expiry Date: ☐☐☐☐

Card Holder: .....Signature.....

☐ Yes, please contact me to discuss other ways I may be able to help St Michaels Association

Details
Mr / Mrs / Ms / Miss First Name..... ..... Surname.....

Address.....Suburb.....

Postcode.....Phone:.....Mobile:.....

Email:.....

BAKER HOUSE







Garry has had a busy and fulfilling couple of months. Garry continues to strive for independence and has been making remarkable progress towards his personal goals. He enjoys engaging with others and appreciates the support and companionship of his support workers.

Garry enjoys going to his parent's place in Oatlands every second week, which is really helping him achieve his goals. He loves these visits and finds them very fulfilling. Additionally, he regularly travels to different places to see old trucks, an activity he thoroughly enjoys. Garry has been working hard on maintaining his independence and continues to inspire us with his determination. He has been practicing his cooking skills and recently prepared a meal with minimal assistance. His enthusiasm for learning new things is truly commendable.

Looking ahead, Garry has some exciting plans, including more community outings and activities that align with his interests. We believe these experiences will further enhance his social skills and overall happiness.







Paul is thriving in his individual living space, enjoying his independence. He is regularly visited by his parents, which he really cherishes. Paul loves his independence and always thrives when encouraged to perform tasks he loves or can do.

He particularly enjoys his weekend outings, where he explores different places and engages with the local community. Paul also loves visiting other participants in Merton, Smith, and Wise. His regular weekend trips to the auto museum and the local community enhance his social skills.

Paul enjoys taking walks around the Newstead campus and grocery shopping with the staff, both activities that contribute to his overall well-being. Additionally, Paul takes responsibility for cleaning his unit, making his bed, doing his laundry, and helping to prepare his meals, all of which help him achieve his goals and maintain his independence.

HAWTHORN STREET



Patrick has been kicking personal goals all over the place over the past few months.

He has earned himself a job with Woolworths driving trucks and delivering groceries over the north and northeast of Tasmania. Patrick really loves his job and delivering excellent customer service is very important to him.

At home, Patrick has begun to focus on his health and wellbeing and has really enjoyed utilising his supports to start meal prepping healthy, nutritious and affordable meals. Patrick's focus has been to get as many meals as he can prepped while cutting down the cost of each serving – essentially making his money go further while addressing his nutritional needs.

Patrick has also enjoyed exploring different styles of cooking with different equipment, including cooking Chinese Fried rice while using a wok and an outdoor gas cooker.

Sarah has also been working on her health, wellness and ongoing wellbeing over the last few months.

She has been cooking healthy and nutritious meals every week. This includes finding recipes, writing shopping lists, shopping and finding all the bargains along the way and then returning home to prepare evening and some lunches for the week.

In conjunction with healthy meal preparation Sarah continues to live an active lifestyle. Sarah swims twice a week and plays league ten pin bowling on a Saturday with the Launceston Renegades. She is proud of her team as they have just made it to second on the ladder and hopes to reach the top soon.

Mathew continues to meet his personal goals. Mathew obtained his drivers licence and has now just purchased his first car of which he is so proud of. Owning his own vehicle has opened opportunities for independence for Mathew.

Mathew has enjoyed exploring the state, being he is not originally from Tasmania, by going on day trips in his new car to Scottsdale, Lilydale, Hobart and all the little towns in between. Mathew has been regularly visiting Hobart and really enjoying the adventure of the drive to and from.







LYNE HOUSE- RESPITE



At Lyne House Respite, weekends are always bustling with enjoyable activities, ensuring participants have a great time regardless of the weather. Recently, our participants had the chance to visit the planetarium, where they marveled at the wonders of the universe.

On sunnier days, the group enjoys a BBQ in the park, taking turns with Penquite and Baker House to showcase their grilling skills while listening to pleasant music. After a hearty meal, a leisurely stroll through the park helps everyone burn off lunch and enjoy the fresh air.



Another delightful outing included a visit to the local market, where participants explored various stalls, enjoyed local treats, and even bought some fresh produce to take home to their families.

This was followed by a relaxing time feeding the ducks at the nearby pond, adding a touch of nature to the day which was very kind in terms of good weather!

At Lyne House, there's always something exciting to do, making every weekend enjoyable and memorable for all. We provide engaging and fun experiences for our participants, ensuring they have a wonderful time during their stay during respite care.



SMITH HOUSE



Aron has shown incredible determination and positivity recently with his support workers, assisting in domestic tasks such as food prep. He's been actively participating in cooking activities, is eager to learn, and lends a hand wherever possible. His willingness to contribute has not only improved his cooking skills but has also helped him build confidence in achieving his goals.

One of Aron's remarkable characteristics is his companionship and relationship towards his support workers. He establishes a warm and inviting environment, showing his delightful smile, causing everybody to feel appreciated and valued as his team members. His friendly nature has not just made him a delight to work with, but also inspired our Smith House team around him.



MERTON HOUSE

Mitch loves to cook his own tasty meals with partial assistance from staff, showing off his independence and love for good food. Whether it's breakfast, lunch or dinner, Mitchell's culinary skills are always on display.

Weekends are special for Mitchell. He enjoys Saturday's fun walks and chats with the staff. His cheerful personality makes these walks enjoyable for everyone. Sundays bring another exciting routine for Mitchell, grocery shopping. He loves picking out his favourite items and pays the bill himself.

His ability to manage this shows his self-reliance and confidence. Mitch also keeps his room very clean. He takes pride in doing it himself, though he sometimes accepts help from the staff. His dedication to a tidy space is impressive. Mitch's positive spirit and ability to handle things on his own make him a cherished member of our community.

Adam has been enjoying getting out into the community enjoying walks in various locations around Launceston. It has been great to see Adam laugh and joke with staff and interact with his housemates.

Jeremy is a passionate woodworker whose journey into this art craft has brought him immense joy. Jeremy tells his support workers his story of woodwork, which began in his childhood, where the smell of fresh wood and satisfaction of creating something with his own hands took him to a higher level of education in woodwork and lecturing in technical school in the field of woodwork.

Jeremy is making the most of his time at Men's Shed Rocherlea and St Michael's workshop, Jeremy's woodwork portfolio is nothing short of impressive. He's now onto a new project of designing five different chopping boards, which he has promised



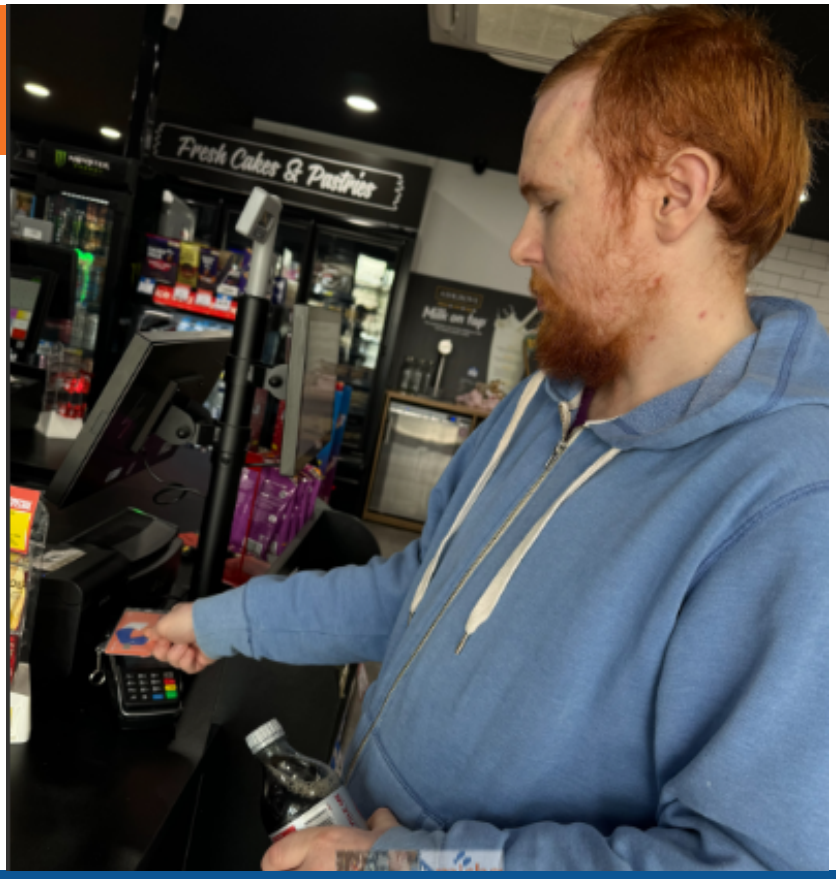
DW2

Like us all, technology is slowly creeping in to almost every facet of our lives and that has been no different for Jacob.

Over the last few months Jacob has moved from using cash every day and has move to the digital world using his new “SpendAbles” EFTPOS card.

Jacob has enjoyed learning the new skill of independently paying for his items using his new card with an EFTPOS machine at the counter.

Jacob is now a pro independently paying for his favourite snacks, groceries and has been to Kmart to purchase other personal items. Jacob also takes his card out everyday to purchase lunch while supported at his Day Service.



WISE HOUSE

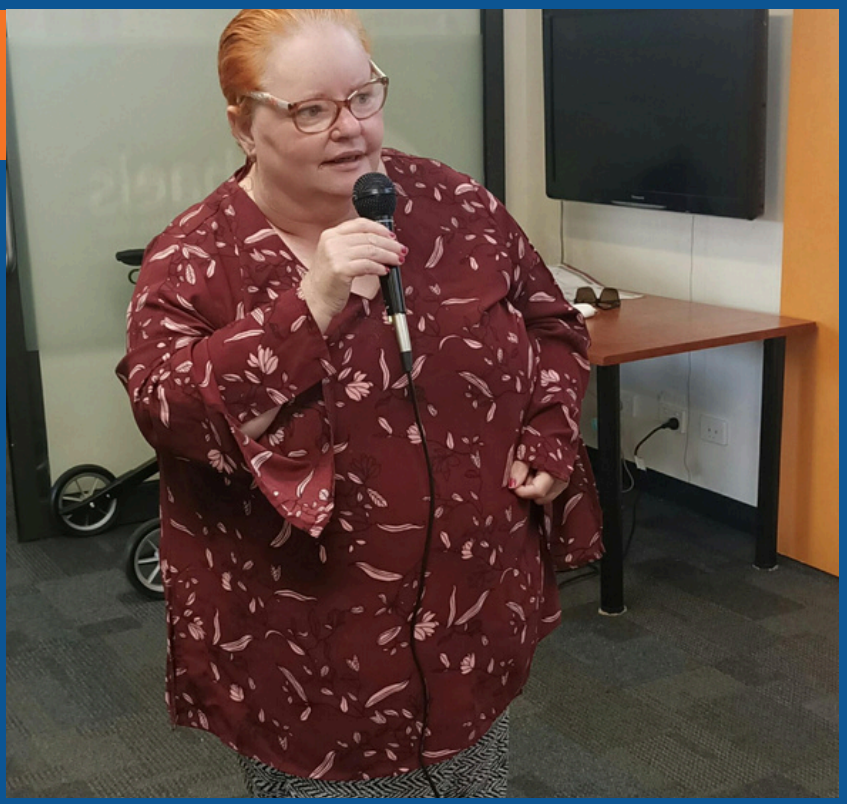
Spring at the Wise Home has been fantastic, with both Vickie and Robyn making wonderful strides in their journey toward greater independence.

Through tailored support and active encouragement, both ladies have remained deeply engaged in their day programs, community activities and regular social events.

They continue to foster meaningful connections by participating in group activities like cooking, arts and crafts, karaoke and games afternoons during their respective programs, and get along well.

At home, both ladies have embraced new responsibilities with enthusiasm. They’ve been tackling daily challenges head-on, gaining confidence and refining their problem-solving skills. Housekeeping remains a central focus, with ironing, washing and food preparation skills improving.

Spring also brought excitement with the AFL Grand Final! Vickie especially enjoyed cheering on the Hawks during their finals journey. The ladies have also had a great time joining activities at the Merrington Centre, adding fun and creativity to their routine.







In-Home Support

Over the past few months, John has been going through some difficult times with having cataracts in both his eyes. John would struggle to do anything without assistance from staff and never wanted to go out to do the things he loved.



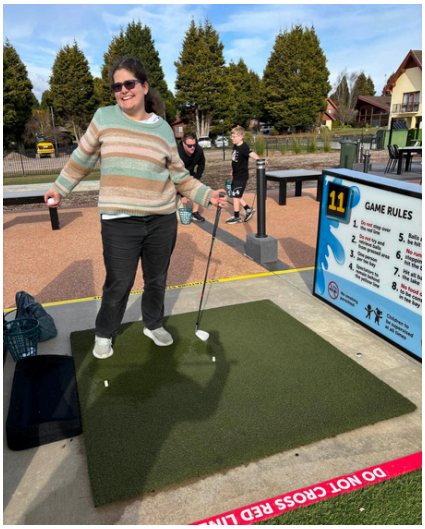
It has now been nearly 2 months since having both eyes fixed and John has been given a new lease on life. John is back and living his life to the fullest, going out for lunches with his staff, going for walks with other participants and even getting back into looking after his unit again.

John used to love going over to the netball on the weekends and seeing all his friends and sometimes play a little netball. John has since returned to the club and is absolutely loving being around his friends again and getting back to his normal self. The lovely ladies were very pleased to see John back around the club and thriving as well.





Support workers have been supporting Hannah with her NDIS goal of increasing her independence through community and social networks.



Hannah has been experiencing new locations within the community to play golf, walking at the seaport, activities at Pennyroyal adventures, Old Mac's farm, sometimes engaging socially with people she knows and sometimes making new friends within the community.

These activities have also tied in with her goal of maintaining her health and wellbeing through unintentional exercise, encouragement for healthy eating while out and about, and social interactions increasing her self-esteem and confidence.

Hannah is doing an amazing job.

Highlights

CRADLE MTN | HALLOWEEN

St Michael's participants have enjoyed a day trip to Cradle Mountain from Devonport recently, and dressed up for Halloween, among other highlights!











Request a Pic

Have you seen a picture you like in this newsletter and would like to get a copy? Please email info@stmichaels.asn.au and we will send you one. Just put Pic Request in the subject line and include the page number.

Browse More Content

Follow our Faceboook Page for the latest photos and updates from our participants in Newstead and East Devonport!

www.facebook.com/stmichaelsassociation

St Michaels' Services

All NDIA Registered Supports

Support Coordination - Support Coordination is designed to minimise the complexity of negotiating with service providers, government agencies and accommodation providers.

Community Access - The program incorporates support to enable a participant to independently engage in community, social and recreational activities during the week and operates from 9 am to 3pm Monday to Friday from our City, Newstead and Devonport Campuses

Merton House - Support incorporates assistance with and/or supervising tasks of daily life in a shared living environment, which is either temporary or ongoing, with a focus on developing the skills of each individual to live as autonomously as possible. This program operates from our accommodation facility from 3pm to 9am Monday to Friday and 24 hours Saturday and Sunday.

In-Home Support - Supports provide assistance with and/or supervising personal tasks of daily life to develop skills of the participant to live as autonomously as possible. This program operates seven days a week.

Respite (Lyne Building) - Short term respite services include integrated support for self-care, accommodation, food and activities for short periods. This program operates 5 nights per week. This is a short term respite program which provides 24 hour support.

Youthbreak - This program is a respite program provided to young people from the ages of 15-25 and operates out of the Lyne Building from 3pm Friday to 3pm Sunday. Conditions apply for eligibility.

Individual Support - This is specific to the needs of the individual and may include enabling a participant to independently engage in community, social and recreational activities, personal care, educational assistance, living and life skills. Support can be provided 24/7 365 days a year and can be delivered in home or at STMA.

Supported Independent Living and Group Homes - There are a number of facilities located on site and in the broader community. Services provide incorporate assistance in meeting daily life requirements and to develop the skills of an individual with standard support needs to live autonomously as possible. These programs operate 7 days a week and conditions apply for eligibility.

Social Club - Social Club is being held in the hall at STMA at various times throughout the year. These evenings are arranged around a time of year or special event. This is a time for clients to get together for a meal, socialise and engage with each other.

Independent Living Units - The 53 Independent Living Units in Newstead and 16 in Devonport are currently fully occupied with a tenant/landlord agreements in place. The units provide independent living in a safe, supported environment. The units are more suited to clients with higher skills, requiring minimal assistance and can incorporate assistance with self-care activities (see In-Home Support). Please note there is a specific criteria that is required to be eligible for this service.

St Michaels Training (RTO 60067)

St Michaels Training provides accredited training for Tasmanians with a disability and individuals working in the disability sector. Offering the following qualifications:

- CHC33021 Certificate III in Individual Support
- CHC43121 Certificate IV in Disability Support
- TLI11321 Certificate I in Supply Chain Operations
- 11076NAT Diploma of Leadership in Disability Services

Skill sets offered include:

- CHCSS00133 Induction to Disability Support
- CHCSS00130 Individual Support - Disability
- CHCSS00070 Assist Clients with Medication Skill Set
- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID011 Provide first aid
- Report Writing
- Leadership
- Mental Health

st michaels Developing Independence...

st michaels training

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