

The Independent

By St Michael's Association Inc



Highlights

Big Freeze

Cracker Night

New Day Program



Advertisement

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Liberal Member for Bass

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Passionate about Northern Tasmania



From the CEO

Mike Thomas

It's hard to believe we're already halfway through 2025—time certainly flies when you're having fun! The past few months at St Michael's have been filled with much laughter, change, connection and notable achievements that remind us why we do what we do.

Since our last newsletter, we've celebrated numerous highlights, from vibrant social gatherings to remarkable individual milestones.

The East Devonport team's efforts hosting an Australia's Biggest Morning Tea event were truly heartwarming, not only raising crucial funds for the Cancer Council but also bringing our community together in the spirit of support and camaraderie. The pastries, cupcakes and other delicious treats, along with the warmth and smiles shared among our staff, participants, and guests, made for a truly special event.

We also saw tremendous bravery (and good humour) at our Big Freeze for MND event. Despite temperatures dipping below 10 degrees, our brave volunteers — Tom, Meg, Apples and June — embraced the icy challenge, raising vital funds for Motor Neurone Disease research. It was a great day, filled with laughter, cheering, and plenty of soggy clothing—a perfect example of the St Michael's spirit in action! I also suspect that David and his fellow participants love the opportunity to drench some of their favourite support workers.

The month of June also brought us another fantastic opportunity to connect with the community at the Aged Care and Disability Expo in Launceston. It was uplifting to see our team engaging with participants, families, and fellow organisations, showcasing our growing range of services, including our newly introduced Plan Management services. This expo remains a key event in our calendar, reinforcing our commitment to individualised support and capacity building.

June also saw us embark on an exciting new chapter in the Newstead Day Program, now seamlessly merging the strengths of

our former Day Program and Independent Services into one vibrant, unified offering. The energy and enthusiasm from our participants and staff have made this transition joyful and seamless, providing a space buzzing with creativity, social engagement, and confidence-building activities. The merge follows the Board's review of St Michael's properties and programs and the sale of the Chant Street property.

Our social calendar has been buzzing too, highlighted by our inaugural Cracker Night in Newstead. The spectacular fireworks, hot chocolate, and hearty soup made for a night filled with warmth and community spirit, despite the chilly Tasmanian evening. A special shout out has to go to the Assets Team, who sent the day laying out the fireworks display, arranging firepits and setting up safety zones. Their efforts were met with many "oohs and ahhs" and smiling faces!

On a personal note, it has been bittersweet to say farewell to one of our most beloved team members Steve Griffin. Steve has been the heart and soul of our music program for a number of years but has decided to retire and to dedicate so more time to his passion for bushwalking and environmental protection. While we'll miss his daily contributions, we look forward to his promised visits filled with stories of bushwalks and perhaps even some more Christmas carols!

Looking ahead, there's much excitement on the horizon. Our newly launched programs continue to flourish, our community connections grow stronger each day, and we're committed to exploring even more innovative ways to support and empower those we serve.

As always, thank you to our incredible staff, participants, families, and supporters. Your energy and passion are the heartbeat of St Michael's. Let's continue to create wonderful memories and positive outcomes together.

Friends & Family Meeting

The St Michael's Family Liaison Committee
invites new and returning members to attend

**Next
Event!**



THURSDAY 21ST AUGUST



6:00PM



**MERRINGTON CENTRE, NEWSTEAD
(22 HOBLERS BRIDGE RD.)**



For more information or RSVP:

ckscott13@hotmail.com

bdunham@bigpond.net.au

What's Been Happening?

BIGGEST MORNING TEA

Our East Devonport team hosted an event as part of Australia's Biggest Morning Tea, showcasing the teamwork and community spirit that has made the annual fundraising effort such a success.

Raising critical funds for the Cancer Council, the event provided participants with a chance to refine their cooking skills across a range of delicious homemade items. The effort and support received from our team members and guests was greatly appreciated, assuring participants enjoyed the social connections, yummy delights and inclusive space.

The spread included pastries, savoury toast, cupcakes, scones and other sweet treats. We're thrilled to welcome some guests from the Launceston Day Program too. Looking forward to doing it again.



Meet Our Team

Name: Ella White

Position: Disability Support Worker



Tell us about you: I love the beach and hanging out with friends and family. I have 9 siblings.

Favourite food/bev: Silverside and veggies.

Hobbies: Exploring/travelling, the beach, online shopping!

Fun fact about you: I was born in Kalgoorlie, WA.

Name: Renee Oliver

Position: Disability Support Worker



Tell us about you: I'm 43 years old, have 3 children, and I've been a support worker for 2 years. I love meeting new people.

Favourite food/bev: Pad Thai, iced coffee.

Hobbies: Walking, lots of online shopping, and camping.

Fun fact about you: I talk non stop!

BIG FREEZE FOR MND

To mark the Fight MND Big Freeze, the team at St Michael's put the "brave" in brave-hearted, stepping up (and into the cold!) to take part in our own ice bucket challenge event! With temperatures outside hovering below 10 degrees, spirits were high as we laughed, cheered, and got a little soggy – all in the name of raising vital funds for Motor Neurone Disease research.

Events like these not only make a real impact, but they also strengthen our sense of community and demonstrate to our participants the heart and commitment that drives everything we do. A huge shout-out to everyone who took part, donated, or supported – you've made a difference for a great cause and shown what the St Michael's spirit is all about! A special thank you to our 'freeze-ees' Tom, Meg, Apples and June, who were showered by our Newstead Day Program participants.



HAVE YOUR SAY

Join the Association



Becoming a member of St Michael's Association Inc. offers a unique opportunity to contribute to our community's future while actively participating in important decisions. Membership is just \$25 per year, granting you voting rights at Annual General Meetings and give you a clear voice in shaping the Association's direction.

Your support as a member helps St Michael's remain adaptable and forward-thinking in its mission. Whether you're interested in governance, supporting community initiatives, or simply want to stay informed, membership ensures you are part of the journey.

Join us today to be an integral part of St Michael's future! To apply for membership simply email ceo@stmichaels.asn.au and a Membership Application will be sent to you.

Disability Expo



At the end of June St Michael's attended the Aged Care and Disability Expo in Launceston, hosted by Disability Expo Australia. This uplifting annual event focuses on collaboration and shared knowledge, with over 30 registered exhibition stalls for 2025.

Our friendly staff members, Chloe and Udara, engaged with participants, families, and a wide range of inspiring community organisations all dedicated to making a positive impact.

We were able to showcase our ongoing commitment to individualised support and our expanding list of capacity-building services, highlighted by the recent addition of Plan Management services (below) to the suite of support services we offer.



The annual Expo is also a great opportunity to keep strengthening our community bonds, exploring new business, and reminding the wider community of our experience and expertise in achieving goals and developing outcomes for participants.

Thanks to all who visited the stall and collected information and merch. If you'd like to follow up with anything out get in touch. You can contact us at info@stmichaels.asn.au.



St Michael's
PLAN MANAGEMENT

For nearly 60 years, St Michael's has been developing the independence and building the capacity of people living with disabilities in Tasmania.

As a registered NDIS provider, we are pleased to announce that St Michael's has expanded our services to include Plan Management.

For further information about our plan management services and how we can assist, please contact:

pm@stmichaels.asn.au
ph (03) 6331 7651

CHEERS TO STEVE – A LEGENDARY SEND-OFF!

The St Michael's family came together to celebrate the retirement of one of our finest – the legendary Steve! With his warm heart, quick wit, and endless talents, Steve has made a lasting impact through his work in our music, gardening and woodwork programs, sharing joy, skills, and laughter with participants and staff alike.

To send him off in true St Michael's style, we hosted an Open Mic Karaoke Day – one of Steve's favourites and a much-loved event by all. There were laughs, a few teary eyes, and of course, plenty of singing!

Although he's hanging up the work boots, we know this isn't goodbye – just a 'see you later'. We'll be keeping an eye out for his visits, whether it's to share tales from his bush walking adventures or bring some Christmas cheer with his carols. Thanks for everything, Steve – you'll always be part of the St Michael's family!



Day Program

Newstead

We've kicked off an exciting new chapter as Day Program and Independent Services officially joined forces — now proudly known as Newstead Day Program! With both familiar faces and new ones settling in, the campus is buzzing with energy, connection, and possibility.

This newly revised schedule brings together the very best of our two separate Launceston based programs, Newstead Day Program and Independent Services, following the recent sale of our Chant Street site.

The new program blends the strengths of the two previous programs into one unified and modern support program. We believe it offers a great balance of activities and dynamics to suit the wonderfully diverse group of participants we support.

Our Newstead location has been thoughtfully reconfigured to accommodate a wide range of interests and support needs. Whether through group activities, one-on-one skill-building, creative projects, or community outings, participants can expect a person-centred approach in a warm and inclusive environment.

This transition has been a joyful blend of teamwork, with both staff and participants bringing their strengths, stories, and smiles. Together, we're creating a vibrant space that offers the best in capacity building, social engagement, and confidence-boosting activities — all in a fun, inclusive, and supportive environment.

As our program continues to grow and evolve, there's a real sense of excitement in the air. We're looking forward to everything this new era brings — and we're just getting started!

To learn more or arrange a visit, contact our team today – we'd love to show you around!



Day Program

East Devonport



In Devonport, our participants and staff have been sharing in some incredible experiences that highlight the vibrancy of our St Michael's community.

Tasting Success in the Kitchen

How amazing did our homemade pizzas look? Our participants have been putting their culinary skills to the test, creating delicious pizzas alongside friends and staff. The kitchen was also buzzing during Australia's Biggest Morning Tea, where participants catered and enjoyed this special event, raising funds for a great cause while refining their cooking expertise.

Learning Through Play and a Little Friendly Competition

Paula and Brady had a fierce and fun-filled battle playing ring

toss, sparking not only laughter but also a sense of camaraderie. Meanwhile, the new air hockey table in our day program area has been a massive hit, literally! It's been fantastic seeing participants (and staff!) challenge each other while honing their hand-eye coordination.

Alan brought his determination to life skills practice and puzzles, showing just how engaging and rewarding these activities can be.

A Sweet Birthday Surprise

We also celebrated Mia's birthday with a specially made cake, surrounded by well-wishes and the warmth of our St Michael's family. Another moment celebrating the connections and friendships that form the heart of our community. Happy birthday Mia!



Social Club Events

WHAT A CRACKER OF A NIGHT!

Our first Cracker Night brought the St Michael's community together for a spectacular celebration in Newstead, lighting up the night whilst enjoying the warm hospitality of our Day Program crew!

This is an event we've been excited about for a long time, with the Tasmanian Community Cracker Night permits secured nice and early, plus an array of fireworks sourced to put on a memorable night. The weather forecast was a little shaky leading up to the event, but as if 'meant to be', our crowd enjoyed the display uninterrupted by Mother Nature, albeit a little chilly!

Our Assets Team worked tirelessly in the trying day time weather conditions to deliver a safe and exciting event for participants, families, guests and staff, transforming the Merrington Centre lawn into a strategic platform for the show.



Our hosts, the Newstead Day Program, kept everyone comfortable with warm soup and hot chocolate to ward off the winter weather. Right up to the display guests were arriving, and the teams did well to ensure nobody went hungry!

If this first Cracker Night is anything to go by, next year promises to be even bigger and brighter! We've already started planning our fireworks ideas, and can't wait to see you there!



SAVE THE DATE

SEPTEMBER 27

FOOTY COLOURS

GRAND FINAL
PARTY

STAY TUNED FOR INFO!

Supported Accommodation

Mathew recently celebrated his birthday with an adventurous trip from Tasmania to Sydney. Demonstrating remarkable independence, he meticulously planned a four-week journey, including booking his ferry tickets on the Spirit of Tasmania, arranging insurance, and coordinating his time away from his SIL supports provided by St Michael's Association.

During his stay in Sydney, Mathew reconnected with his parents, sister, and friends, cherishing the opportunity to catch up with loved ones. He made time to explore the city's iconic landmarks, including the Sydney Harbour Bridge and Opera House.

Mathew's journey is a testament to his growing independence and the strong support network provided by his family and St Michael's. His ability to plan and execute such a trip reflects his personal growth and the positive impact of support in fostering such exciting outcomes.



Patrick also recently celebrated his birthday with a mix of family gatherings and scenic adventures. His day began with a family lunch at a local establishment, followed by a pizza night at home.

Later in the week, Patrick left for a memorable weekend getaway to Bicheno with his parents. They stayed at the caravan park. One of the highlights Patrick mentions of the trip was attending the "Bicheno Beams" laser light show, a captivating 15-minute laser light display. Patrick's birthday celebrations were filled with joy, family connection, and the making of memories with loved ones.

Sarah has embraced new opportunities with enthusiasm and pride. She's joined a drama program and is excited to portray Tina Turner, performing "Simply the Best" to a live audience in late August. Her dedication to the program is evident, and we can't wait to see her shine on stage.


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clients' financial
journeys."
-Andrew Ledingham



andrew@financialstreams.com.au

Sarah is also looking forward to a trip to Ireland this July with her Mum. They'll be visiting her grandparents, creating cherished memories together. Stay tuned for an upcoming story and photos in the next edition!

Sarah continues to enjoy her involvement with the "Renegades" bowling team at Launceston Lanes. Supported by St Michael's, she attends weekly sessions, relishing the camaraderie and friendly competition. The team spirit and the chance to reconnect with friends each Saturday make it a highlight of her week.

Our support workers have been a steadfast partner in supporting Sarah's journey. The commitment to fostering and maintaining Sarah's independence and community engagement has been instrumental in her growth. We look forward to celebrating her achievements and sharing more about her upcoming trip to Ireland.



Another resident to recently enjoy a milestone, Jacob celebrated his birthday with a yummy breakfast at one of his favourite local cafés, setting a joyful tone for the day. Later, he relished a delicious Vietnamese meal at another favourite restaurant, a place that holds a special spot in his routine. The afternoon brought a welcome visit with his mother, complete with homemade cheesecake!

For Jacob, these family connection days are so much more than celebrations—they are moments to strengthen bonds, share joy, and engage with his community in the most personal ways. His birthday was a beautiful reminder of the simple joys in life and the deep value of togetherness.

Donations

Tax Tip "EVEN A \$2 DONATION CAN BE USED AS A TAX DEDUCTION!"

Yes, I would like to make a tax deductible gift to St Michaels Association Inc.

☐ \$5 ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ \$1000 ☐ \$2500 ☐ \$5000 ☐ Other.....

☐ One time ☐ Ongoing ☐ Monthly x _____ months ☐ Quarterly x _____ years ☐ Annual x _____ years

Payment options:

Cash in person at St Michaels Association office (22 Hobblers Bridge Road), EFTPOS via phone (6331 7651), electronically (BSB 017042 Account Number: 002398139), Cheque/Money order made payable to St Michaels Association Inc. or Credit Card

☐ Visa ☐ Mastercard Card Number

Expiry Date:

Card Holder:Signature.....

☐ Yes, please contact me to discuss other ways I may be able to help St Michaels Association

Details

Mr / Mrs / Ms / Miss First Name..... Surname.....

Address.....Suburb.....

Postcode.....Phone:.....Mobile:.....

Email:.....

At home, Nick, Stephen and Andrew work together to keep routines consistent and empowering. All participants contribute to household tasks such as folding laundry, tidying shared spaces, and helping plan weekly meal menus, a great opportunity for choice and collaboration.

Nick had an exciting outing attending the AFL match on 28 June and is already looking forward to another game in July. Stephen and Andrew, while having a quieter period due to ongoing appointments, are still engaged at home and in their day programs. They enjoy relaxing evenings together and often participate in joint planning with staff and peers.

All three participants continue to build positive routines while fostering independence, social skills, and joy in their day-to-day living. The team is proud of each individual's ongoing contributions.



Aron has enjoyed a settled period filled with supportive routines, community outings, and quite moments that reflect his comfort and connection with his environment.

He remains engaged in swimming sessions, which provide a great balance of movement and relaxation.

A recent highlight for Aron was a visit to the museum, where he explored the exhibits with curiosity and shared cheerful moments with peers and staff. Outings like these offer Aron an enjoyable opportunity to connect with the wider community in a safe and supported way.

Aron also received a new set of clothes recently, which he seems to really enjoy wearing. Small experiences like this bring him joy and reflect his sense of comfort in his environment.

At home, Aron enjoys spending quiet time listening to music or watching the world go by from his window. These moments help him stay calm and settled. Staff continue to work alongside him with a supportive and reassuring approach, helping ease transitions and manage repetitive behaviours when they arise.

Gary and Paul are actively participating in their daily routines and making meaningful contributions to their home and community life.

Both participants have recently shown great initiative in helping maintain a clean and welcoming home. Gary supported staff with steam cleaning the carpets and took pride in making the shared spaces neat and comfortable. Paul has also been actively involved in window cleaning and keeping his unit tidy, consistently showing care for his surroundings.

Paul was recently excited to set up a fish tank in his unit, which has brought him joy and curiosity. While a few of the smaller fish didn't settle in, Paul continues to take an interest in caring for the remaining one with support from staff as he learns about aquarium care.

Shopping has also become a shared highlight. Both Gary and Paul enjoy their regular visits to Coles, where they help select household items, explore different products, and build everyday skills in a fun and relaxed setting. They continue to attend their day programs regularly and enjoy a balance of structured activities and leisure time.



Brandon has had a fun and varied couple of months, with plenty of opportunities for socialising, building life skills, and enjoying community involvement. He has continued to grow in independence and self-confidence, making informed choices and expressing himself clearly. We're proud of the progress he's made and look forward to more adventures ahead!

Tom is making great progress in establishing a balanced and meaningful lifestyle since moving to Merton House. His week includes work, learning, social engagement, and personal downtime—all contributing to his growing independence and overall well-being. Staff continue to support Tom in building on this strong foundation.

Adam continues to show great dedication to his fitness routine, attending the gym three times a week with staff support. He approaches each session with enthusiasm and a positive attitude, enjoying the challenge of pushing himself to achieve more with every visit. Whether it's increasing his reps, improving technique, or simply staying consistent, Adam takes pride in his progress and is committed to maintaining a healthy, active lifestyle. His determination is a great example of setting personal goals and sticking to them.

Josh has also been working on building his independent living skills, focusing on home routines such as daily tasks, shopping, and budgeting. He is involved in managing his responsibilities and is happy to ask for assistance when needed, showing a growing awareness of when to seek support.

In addition to his home routines, Josh has been enjoying fortnightly weekends away with his Dad, which he looks forward to and speaks about positively. These visits provide valuable family connection and balance to his weekly routine.



Robyn and Vickie have been shining examples of improving their health, with the goal to be more active. The kitchen has been buzzing with activity as Robyn and Vickie have taken the lead in preparing healthy, home-cooked meals. They've been exploring new recipes and making mindful food choices. Chopping and cutting, stirring and sizzling, accepting and asking for help when needed.

Both ladies are out and about most weekends, enjoying refreshing walks in nature. Whether it's a stroll through a market or a visit to a nearby park, they're making the most of the outdoors, staying active and soaking up the benefits of fresh air and movement.

Robyn and Vickie have also been taking great pride in their living space. From tidying up common areas to helping with the cleaning routine, they're doing their part to feel comfortable at home.

Both are still attending their Day Programs regularly, staying socially connected and continuing to grow through structured activities and learning opportunities.





Gabbie, Lisa, and Alice have been braving the chilly air to continue their gentle exploration of the world around them. Despite frosty mornings and shorter days, the group has embraced the season's beauty—finding warmth not just in sunshine and thermoses, but in the people and places they've visited. Here's a little look at what they've been up to lately...

The historic charm of Evandale Market proved a perfect setting for a winter wander. the gentle murmur of live music, and the scent of freshly baked goods filled the air. Handmade crafts, vibrant winter produce, and warm drinks made the outing a truly sensory-rich experience.

One particularly memorable day was spent at Sea Horse World. The star attraction, of course, was the seahorses—drifting gracefully through the water with an elegance that held everyone's gaze. There were moments of stillness as Gabbie and Lisa watched the delicate movements of the marine life, completely immersed in the tranquil environment.

The touch tanks and visual displays also offered opportunities for engagement through light, movement, and texture, creating a multisensory experience that felt both soothing and enriching.



On a brighter winter afternoon, the trio made their way to Riverbend Park for a picnic under the trees. They enjoyed lunch outdoors, accompanied by the sounds of rustling leaves and birdsong from the nearby river.

After eating, the group headed to the swings—always a favourite. The park's wide, grassy spaces and riverside paths provided an ideal environment for relaxing, connecting, and enjoying nature at their own pace.

Each outing brings new textures, sounds, and rhythms to experience—whether it's the warmth of the winter sun on their faces, the feel of a knitted glove, or the quiet joy of being part of a community.

As we move further into winter, we look forward to more cozy moments, warm drinks, and gentle outings. Gabbie, Lisa, and Alice remind us that exploration doesn't have to be loud or fast—it can be quiet, curious, and deeply beautiful.

Respite

Lyne House

Participants at St Michael's respite centre, Lyne House, have been keeping very busy over recent months, taking part in a wide variety of engaging activities that support both social connection and personal development, whilst working on their NDIS goals.

The group has enjoyed several exciting day trips, including visits to the Beaconsfield Mine and Heritage Centre, exploring the dinosaur exhibit and planetarium at the museum, trying out X-golf, and discovering the wonders of Brixabito. These outings provided opportunities to explore, learn and enjoy time in new and interesting environments.

There's also been plenty of time spent outdoors enjoying Tasmania's natural beauty. From leisurely walks in local parks to more adventurous bushwalks, the group made the most of the good weather. On rainy days creativity came indoors, with Cheryl designing and making her own tie-dye shirt and socks.

Alongside these recreational activities, participants have been actively involved in daily household tasks and baking/cooking sessions. These experiences support the development of essential life skills and promote independence in a supportive and inclusive setting.



It has been a busy and fulfilling time at Lyne House. The team is proud to offer a respite experience that not only supports individual goals but also encourages connection, exploration and personal growth.

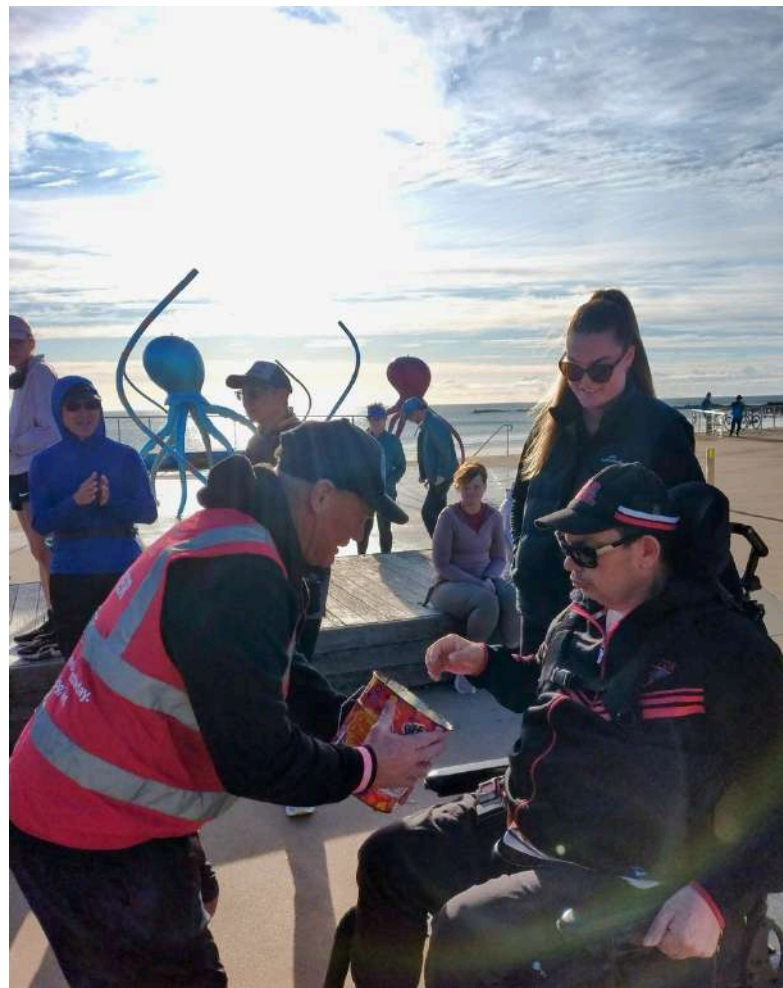
Looking ahead, our participants are eying off the upcoming Christmas in July Social Club event, and planning for the Colour Run weekend later this year. We look forward to many more memorable moments in the months to come.



Accessing the Community

Helping our participants engage with the world around them, in safe and meaningful ways, is vital to our service delivery and social outcomes. Unlocking opportunities for personal growth and developing social skills leads to increased independence and memorable experiences, reflected in the enjoyment we observe from our participants when in the community!

QVMAG is a local favourite for our Launceston residents, with interactive displays and engaging exhibitions rotated regularly. Further north, our Devonport participants have enjoyed recent trips to Burnie and Sheffield, and often take in the beautiful walk along the Mersey River... as the Winter weather permits!



In-Home Support

Vanessa has been working hard towards one of her key goals — building the skills and confidence to live more independently. With ongoing support from her dedicated support workers, Vanessa has been developing helpful routines around housework and managing her money.

Support staff have been guiding Vanessa with practical strategies to stay on top of household tasks, including kitchen cleaning, shopping, and bill payments. With consistent encouragement and hands-on active support, Vanessa now confidently manages her money each day. She takes an active role in paying her bills, budgeting for groceries, and making decisions around her everyday expenses.

Vanessa is incredibly proud of how far she's come. Her growing independence has not only boosted her confidence but also shown what's possible when the right support and determination come together. These photos show Vanessa in action — cleaning her kitchen and shopping for groceries — moments that reflect her commitment and the real progress she's made. We're excited to see what she achieves next!



Kylie has been building her independence at home, learning how to manage her health and wellbeing, and creating a space where she feels safe and in control.

With regular support from her team, Kylie has been working on cleaning and decluttering her unit. Each shift, she's chipping away at the mess, sorting through what she needs and letting go of things she doesn't. She's staying on top of routines of doing the dishes, mopping the floors, and even cleaning her bird's cage — all things that help her take better care of herself and her space.

Kylie has also been working hard on understanding her health and how it affects her day-to-day life. Support workers have been helping her stick to appointments like physio and hydrotherapy, and they've also been working with her to improve safety in the home, especially with trip hazards.

Lyn had the incredible opportunity to celebrate her 60th birthday in style with a trip to sunny Queensland last month. Surrounded by her loving family, she soaked up every moment sightseeing, exploring the natural beauty of the area, and making the most of every adventure that came her way.

One standout moment was a massive personal achievement, with Lyn clocking up a whopping 16km in a single day, proving just how unstoppable she can be when she's on the move! But the highlight of the trip had to be her magical encounter with a dolphin. Lyn was over the moon to not only meet the beautiful creature but also step into the water and share a special moment petting it an experience she'll never forget.

It's been so heart-warming to see how much joy it brought Lyn and how cherished these moments with her family truly are.

Community Support

Thank You to our ongoing Sponsors & Supporters



We extend a huge thanks to Tool Kit Depot for a fantastic donation of tools from the amazing team at TDK – we couldn't be more grateful! Their generosity is helping our Woodworking Program continue to grow, giving our participants even more opportunities to unleash their creativity and build some truly awesome projects.



Do you have a business, service or charity that you wish to be involved with St Michael's and our participants?

We're always keen for extra donations and community support- please get in touch today! comms@stmichaels.asn.au

St Michaels' Services

All NDIA Registered Supports

Support Coordination - Support Coordination is designed to minimise the complexity of negotiating with service providers, government agencies and accommodation providers.

Community Access - The program incorporates support to enable a participant to independently engage in community, social and recreational activities during the week and operates from 9 am to 3pm Monday to Friday from our City, Newstead and Devonport Campuses

Merton House - Support incorporates assistance with and/or supervising tasks of daily life in a shared living environment, which is either temporary or ongoing, with a focus on developing the skills of each individual to live as autonomously as possible. This program operates from our accommodation facility from 3pm to 9am Monday to Friday and 24 hours Saturday and Sunday.

In-Home Support - Supports provide assistance with and/or supervising personal tasks of daily life to develop skills of the participant to live as autonomously as possible. This program operates seven days a week.

Respite (Lyne Building) - Short term respite services include integrated support for self-care, accommodation, food and activities for short periods. This program operates 7 nights per week. This is a short term respite program which provides 24 hour support.

Individual Support - This is specific to the needs of the individual and may include enabling a participant to independently engage in community, social and recreational activities, personal care, educational assistance, living and life skills. Support can be provided 24/7 365 days a year and can be delivered in home or at STMA.

Supported Independent Living and Group Homes - There are a number of facilities located on site and in the broader community. Services provide incorporate assistance in meeting daily life requirements and to develop the skills of an individual with standard support needs to live autonomously as possible. These programs operate 7 days a week and conditions apply for eligibility.

Social Club - Social Club is being held in the hall at STMA at various times throughout the year. These evenings are arranged around a time of year or special event. This is a time for clients to get together for a meal, socialise and engage with each other.

Plan Management - Plan Management involves helping participants manage the funding in their NDIS plans by undertaking tasks like processing invoices, keeping track of budgets, and ensuring providers are paid on time. Plan management offers greater flexibility and control over service providers, without the burden of financial paperwork.

Independent Living Units - The 53 Independent Living Units in Newstead and 16 in Devonport are currently fully occupied with tenant / landlord agreements in place. The units provide independent living in a safe, supported environment. The units are more suited to clients with higher skills, requiring minimal assistance and can incorporate assistance with self-care activities (see In-Home Support). Please note there is a specific criteria that is required to be eligible for this service.

St Michaels Training (RTO 60067)

St Michaels Training provides accredited training for Tasmanians with a disability and individuals working in the disability sector. Offering the following qualifications:

- CHC33021 Certificate III in Individual Support
- CHC43121 Certificate IV in Disability Support
- TLI11321 Certificate I in Supply Chain Operations
- 11076NAT Diploma of Leadership in Disability Services

Skill sets offered include:

- CHCSS00133 Induction to Disability Support
- CHCSS00130 Individual Support - Disability
- CHCSS00070 Assist Clients with Medication Skill Set
- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID011 Provide first aid
- Report Writing
- Leadership
- Mental Health

Contact Details

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