

The Independent

By St Michael's Association Inc



Highlights

Christmas in July

AGM 2025

Woodwork Program



St Michael's
PLAN MANAGEMENT

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pm@stmichaels.asn.au
ph (03) 6331 7651

From the CEO

Mike Thomas

As the days begin to grow longer and the trees burst back into colour, there's a real sense of renewal in the air at St Michael's. Spring always seems to bring with it a sense of hope and increased energy — a reminder that growth and change are part of what keeps our community vibrant and connected.

On such connection was in September when the Association came together to hold its Annual General Meeting. It was wonderful to see so many familiar faces gathered in the St Michael's Hall — members, staff and guests — all coming together to recognise another year of achievement.

The meeting saw the re-election of several key leaders, including Colin Foon as Chairperson and Simone Woodruff as Deputy Chairperson, alongside Chris Cooper and Robyn Wallace as valued Board Members. Their leadership and commitment helps steer our organisation with integrity and care, ensuring that our mission remains strong for years to come.

A special part of the evening was taking time to honour our long-serving staff members such as Lisa Jackson and Adolphus Hill, who were recognised for their 15 and 10 years respectively of dedicated service. Many others were celebrated for their five-years of service. These moments remind us that St Michael's is built on people who truly believe in what we do. The heart of our organisation beats strongest through the passion of our team, and I couldn't be prouder of what they continue to achieve.

We also took the opportunity to pause and remember David Merrington, our longest-serving President and Life Member, whose legacy continues to shape St Michael's today. David's decades of service, wisdom, and humour left a lasting mark and his passing earlier this year was felt deeply across our community.

Beyond the AGM, this edition of *The Independent* is overflowing with stories that highlight the incredible diversity of life at St Michael's. From our Christmas in July celebration — where the Merrington Centre was

transformed into a winter wonderland — to the energy of our Day Programs in both Newstead and East Devonport.

Whether it's the participants cooking hearty meals, crafting handmade treasures, or joining in a road trip to Mole Creek, these moments reflect what makes St Michael's so special: people connecting, learning, building their capacities and capabilities and celebrating life together.

And of course, I must mention the woodworking program, a true gem within our Day Programs. Seeing participants create everything from candlestick holders to a handcrafted tractor model is inspiring. These projects aren't just about building things — they're about patience, teamwork, and self-belief. Each finished piece tells a story of effort, learning, and success shared among friends.

Meanwhile our Respite Team at Lyne House continue to inspire with their creativity and community spirit. Reading about Chloe, Cheryl, and Aiden growing their confidence and independence will provide all with a reminder about why we do what we do.

As we look ahead to the end of the year, there's still much to look forward to. The Halloween Party and Christmas Dinner are already generating plenty of excitement, and our Colour Frenzy Run promises to add even more fun and colour to the final few months of 2025. These events are more than just social gatherings; they are opportunities to celebrate inclusion, belonging, joy and the values that define St Michael's.

Finally, I want to extend heartfelt thanks to everyone who continues to support our mission — from our Board, staff, volunteers, families and the many community partners and sponsors, all who stand with us. Your belief in St Michael's helps us continue to provide meaningful opportunities for people with disabilities across Tasmania. Thank you for being part of the St Michael's family — your kindness, enthusiasm and involvement make all the difference.

What's Been Happening?

AGM 2025 – A NIGHT OF THANKS AND CELEBRATION

It was wonderful to see so many members, staff, and guests come together in the St Michael's Hall on Thursday, 25 September for our Annual General Meeting.

The meeting saw the election of Office Bearers and Board Members, recognition of long-serving team members and a moment of reflection on the passing of a former President of the Association.

The meeting also saw the re-election of Colin Foon as Chairperson for another three-year term and Simone Woodruff as Deputy Chairperson and Chris Cooper and Robyn Wallace as Board Members for further two-year terms. We're grateful for their continued leadership and the passion they bring to guiding the Association.

One of the highlights of the night was recognising the incredible service of our staff. From Lisa Jackson's 15 years with St Michael's, to Adolphus Hill's 10 years, and many others marking five years of dedication, it was a joy to celebrate the people who make such a difference every day.

The meeting also paused to honour the memory of David Merrington, our longest-serving President and Life Member, with a minute's silence in recognition of his outstanding service and contribution to the Association.

The night closed with plenty of post-meeting socialising over coffee, some sandwiches and the of course delicious scones whipped up by our chef extraordinaire, Cherie Young. To all our members who came along – thank you! Your support and involvement help keep St Michael's strong and vibrant.



HAVE YOUR SAY

Join the Association



Becoming a member of St Michael's Association Inc. offers a unique opportunity to contribute to our community's future while actively participating in important decisions. Membership is just \$25 per year, granting you voting rights at Annual General Meetings and give you a clear voice in shaping the Association's direction.

Your support as a member helps St Michael's remain adaptable and forward-thinking in its mission. Whether you're interested in governance, supporting community initiatives, or simply want to stay informed, membership ensures you are part of the journey.

Join us today to be an integral part of St Michael's future! To apply for membership simply email ceo@stmichaels.asn.au and a Membership Application will be sent to you.

Shining Stars



The Shining Stars Program is a wonderful opportunity to celebrate the contributions of our staff and colleagues, recognising the great work happening across our teams.

Please join us in congratulating this quarter's Shining Star winner Ciril, pictured here with Mike. Ciril's dedication and positive spirit truly reflect the heart of our St Michael's community. Congratulations also to our category winners!

Teamwork – Lily

Leadership – Kade

Active Support – Jaclyn

Team Award – Day Program

Nominations for the next round close **Friday 17 October** at 5pm.

Meet Our Team

Name: Phallon Reid

Position: Disability Support Worker



Tell us about you: I have 4 kids and have been working in a high school prior to St Michaels'. I love to have fun and help people feel better about themselves.

Favourite food/bev: Chocolate, Fanta.

Favourite sport: Netball.

Favourite holiday destination: Queensland.

Hobbies: Craft projects, spending time with my kids, woodwork and gardening.

Fun fact about you: I have 2 horses!

Name: Rose Steel

Position: Disability Support Worker



Tell us about you: I have 4 years experience as a Support Worker, and love to have fun assisting people achieve their goals. My favourite food is pizza!

Hobbies: Cooking and trying new recipes, crochet, walking my dog, road trips, going to the beach and gardening.

Describe yourself in one sentence: I am creative, resilient and enjoy uplifting others.

Fun fact about you: My dog's name is Patches!



St Michael's
PLAN MANAGEMENT

For nearly 60 years, St Michael's has been developing the independence and building the capacity of people living with disabilities in Tasmania.

As a registered NDIS provider, we are pleased to announce that St Michael's has expanded our services to include Plan Management.

For further information about our plan management services and how we can assist, please contact:

pm@stmichaels.asn.au
ph (03) 6331 7651

CHRISTMAS IN JULY

The Merrington Centre was transformed into a festive wonderland for our annual “Christmas in July” celebration, with beautiful decorations and chair covers setting the scene for a truly special gathering.

Thirty people including participants, support staff and family members joined in the fun - a fantastic turnout - and enjoyed a hearty menu of roast chicken and pork with vegetables, cheese and cauliflower bake. This was followed by a spread of festive treats, including Christmas-shaped chocolates, choc ripple cakes and homemade cookies.

The atmosphere was full of laughter and joy as everyone came together to celebrate mid-winter in style. Live entertainment and activities added to the occasion, with a lively fashion parade, balloon photo wall, fun prizes, and of course the “best dressed” competition. As you can see from the photos, a fun and joyful time was enjoyed by all!

A heartfelt thank you goes to Udara, Cheynee, Keline, and Gabbie's mum Loren for their hard work, with special recognition to our hosts Rach and Narelle for the organisation and teamwork that brought this wonderful event to life.



LEADERSHIP

In his very first year leading the Evandale Reserves, Respite's Senior Support Worker Kade has taken the club all the way to a premiership win! We are proud to see his passion continue to grow and inspire those around him. His commitment on and off the field shows the value of teamwork, dedication, and community spirit. It's a fantastic achievement that has brought plenty of pride and excitement to everyone involved- enjoy the celebrations!



Day Program

Newstead

Over the past few months, our Day Program has been experiencing exciting growth and positive change. The larger and more robust activity schedule has been a highlight, with sewing, craft, cooking, and woodwork sessions going from strength to strength.

In craft, the creation of clay farm animals has been a standout project. Participants carefully chose their favourite animals, moulded them with patience, and then brought them to life with colour and creativity. Each piece reflected personal style and individuality, and the finished collection was a source of pride for everyone involved.

The sewing group has been equally busy, producing a range of practical and creative items. From teddies and satchel bags to aprons and other handmade treasures, participants have been building both their skills and their confidence, with many excited to show off their finished work.

Meanwhile, the cooking program has been firing on all cylinders. The group has enjoyed preparing a variety of hearty meals such as lasagne, warming soups, and flavourful stews. Sweet treats have also been a focus, with peach cobbler and other delicious desserts proving especially popular. The shared meals have been about more than just food—they've been about collaboration, sharing, and the joy of sitting down together to enjoy the results of everyone's hard work.

We recently enjoyed our traditional 'Footy Colours' day prior the AFL Grand Final- getting into the spirit of the footy finals while raising money for the St Michael's Social Club.

We are excited to see our programs continue to evolve, and how the friendships and teamwork that have blossomed continue to grow in the months ahead.



Day Program

East Devonport



Things have been buzzing with energy in Devonport over the past few months, and we're thrilled to share all the fun we've been having!

We've had a blast celebrating birthdays galore, all while enjoying our much-loved Freedom Fridays — a perfect mix of fun, food, and friendship. One of our recent highlights was Jeans for Genes Day, where everyone rocked their favourite denim and donated gold coins to support a great cause.

We also had the ultimate comfort day with our Hoodie and Homemade Pie Friday. On a cold and rainy day, there was nothing better than cozy hoodies, warm pies, and plenty of smiles all around.

Our latest Freedom Friday adventure took us on a road trip to Mole Creek, where we enjoyed a delicious pub meal and even tried our luck spotting a platypus! The sun was shining, the mountains were dusted with snow, and the food was absolutely amazing — as you can see from the photos!

We recently geared up for Footy Colours Day — ready for footy finals! With Spring in full bloom, our creative side has come alive! We've been busy transforming our winter display into a vibrant spring masterpiece, and it's looking absolutely stunning.

We're also excited to be restarting our gardening program now that the sun is making more regular appearances. We've received some lovely donations to help us rejuvenate our garden beds, and we can't wait to get our hands dirty and share our progress!



Social Club Events

AFL GRAND FINAL DAY

The excitement of the AFL Grand Final came alive at St Michael's on Saturday, 27 September, with our annual Social Club celebration. The Merrington Centre was filled with colour and energy as around 20 participants and staff gathered to share an afternoon of footy, food, and fun!

The dining area was decked out in team colours, while a live match screening created a true finals atmosphere. Participants proudly wore their favourite scarves, hats, and jerseys, cheering on the teams with plenty of enthusiasm. Classic footy favourites — sausage rolls, burgers, and a homemade potato salad — were enjoyed by all, with the hosting Kenneth team preparing the meal and serving up ice cream for dessert.

Congratulations to Sarah who won first prize in our raffle, a 1,000-piece AFL jigsaw puzzle — and to Gary who took home second prize, an AFL cushion. Both winners also received framed mementos. Every participant went home with an AFL-themed goodie bag, rounding out an afternoon full of laughter, cheering, and community spirit.



Supported Accommodation

Brandon has enjoyed a variety of community outings recently, including shopping at Coles, where he confidently picked his own items — even surprising staff with stuffed olives. He also visited JB Hi-Fi to choose new CDs, went bowling at Kings Meadows and Launceston Lane, and enjoyed meals and coffee at local cafés.

A highlight was his trip to Launceston Airport, where he watched planes take off and land and shared his knowledge with others. Brandon continues to show growing independence, confidence, and enjoyment during his outings.



Josh has been building confidence both at home and in the community. He has enjoyed several outings, including shopping trips to Coles and errands such as recycling bottles and making a bank deposits. He also completed shopping and checked his PO box, showing initiative in managing daily tasks. At home, Josh continues to make steady progress toward living more independently.

Tom is steadily building his independence at home and in the community, confidently helping with shopping, planning, and household chores. He enjoys weekly activities like music sessions and walking group at his day program, work experience at Sejal's Café on Thursdays, and ten-pin bowling on Fridays. Tom continues to grow in confidence, independence, and enthusiasm.

Adam has been keeping active with his regular gym sessions, showing strong commitment to his personal fitness plan. He enjoys time on the exercise bike and is building good routines around keeping fit and healthy. Adam makes the effort to engage in exercise, balancing his workouts with rest when needed. Outside the gym, Adam also keeps up with his daily routines at home, continuing to show independence and a positive attitude.

Mathew looks forward to his weekly trips to Hobart, where he independently drives to visit his girlfriend. These visits have become an important part of his weekly routine and provide an opportunity to enjoy quality time together.




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clients' financial
journeys."
-Andrew Ledingham



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Over the past year, Mathew and his girlfriend have made the most of what Hobart and its surrounds have to offer. They enjoy a variety of day trips, including picnics at the beautiful Royal Tasmanian Botanical Gardens, visits to the Richmond Zoo, relaxing BBQs at local reserves, and catching the latest movies at Village Cinema Hobart.

One of their favourite activities is taking in the stunning bay views around Sandy Bay from several scenic spots close to the water. These shared experiences have created lasting memories and continue to strengthen their bond. Mathew particularly enjoys these adventures as he isn't a native Tasmanian and exploring the state and communities he now calls home with someone he is so close to, has become a positive outcome for him.

Recently, Sarah took to the stage in a vibrant Drama Showcase where she wowed the audience with her incredible impersonation of the legendary Tina Turner. Performing a solo rendition of "Simply the Best", Sarah captivated the crowd, who clapped and cheered throughout her performance.

Participating in drama and music on Mondays and Wednesdays has been a key goal for Sarah, and this performance was a wonderful example of her progress. Her confidence has grown enormously, and she is now embracing her outgoing personality with pride. Sarah's passion for performance has not only brought her joy but has also supported her communication, self-expression, and social engagement all supporting her goals. We look forward to seeing what she takes on next. Well done, Sarah!

Patrick recently enjoyed a fantastic day trip with friends to the picturesque Cradle Mountain, where they were able to enjoy the recent snowfall. The group had a great time throwing snowballs at each other, sharing plenty of laughs, and making the most of the winter weather.

They stopped for lunch at Sheffield, the town of murals, before continuing up the mountain. Patrick drove independently, enjoying the freedom his driver's licence and a reliable vehicle bring him. This trip highlights the importance of Patrick's goal of increasing his independence and confidence, both of which he continues to achieve through his activities and self-driven adventures.

Days like these, spent exploring new places and connecting with friends, are an excellent way for Patrick to work towards his personal goals, while also enjoying his love for travel and outdoor experiences.



Donations

Tax Tip

"EVEN A \$2 DONATION CAN BE USED AS A TAX DEDUCTION!"

Yes, I would like to make a tax deductible gift to St Michaels Association Inc.

☐ \$5

☐ \$25

☐ \$50

☐ \$75

☐ \$100

☐ \$1000

☐ \$2500

☐ \$5000

☐ Other.....

☐ One time

☐ Ongoing

☐ Monthly x _____ months

☐ Quarterly x _____ years

☐ Annual x _____ years

Payment options:

Cash in person at St Michaels Association office (22 Hoblers Bridge Road), EFTPOS via phone (6331 7651), electronically (BSB 017042 Account Number: 002398139), Cheque/Money order made payable to St Michaels Association Inc. or Credit Card

☐ Visa

☐ Mastercard

Card Number

Expiry Date:

Card Holder:Signature.....

☐ Yes, please contact me to discuss other ways I may be able to help St Michaels Association

Details

Mr / Mrs / Ms / Miss

First Name.....

Surname.....

Address.....

Suburb.....

Postcode.....

Phone:.....

Mobile:.....

Email:.....



Jacob has been thriving during his fortnightly grocery shopping trips, an activity he looks forward to and thoroughly enjoys. With a big smile and his infectious laugh, it is evident he is building his confidence while accessing the community more and more while completing this important daily living task.

Each visit to the supermarket is an opportunity for Jacob to grow his independence. He confidently pushes the trolley, selects his favourite items, and places them in the trolley with only standby assist. When it's time to pay, Jacob taps his bank card at the checkout completing the process with pride.

These regular shopping outings support Jacob's goals around building independence, improving life skills, and increasing community engagement. He is also developing patience and decision making skills in a real world setting.



Robyn and Vickie have been embracing new experiences, seasonal joys, and continued progress toward their personal goals. One of the recent highlights was attending a lively community disco with a Mexican theme. Both ladies enjoyed the colourful decorations, festive music, and the opportunity to connect with others in the wider community. Events like these are not just fun social outings – they're also a wonderful chance to build confidence, strengthen friendships, and celebrate inclusion. Robyn and Vickie were all smiles as they danced the night away, soaking up the joyful atmosphere.

Back home, both Robyn and Vickie continue to make impressive strides in achieving their goals of independence. Whether it's taking more initiative around the house, making daily choices with increased confidence, or participating more fully in their routines, their progress is inspiring. With gentle support and encouragement, they are developing valuable life skills and a strong sense of pride in their achievements.



Nick enjoyed spending quality time with his nephew, who took him on outings while his mother, who was unwell at the time, ensuring he stayed connected and active. Soon after brought a time of sadness, as the house came together to support Nick following the passing of his mother. Nick attended the private burial with family, while Andrew, Stephen, and staff later joined the church service to pay their respects. This reflected the compassion, respect, and togetherness that make a caring and supportive home.

As part of Social Club activities, participants also enjoyed the Christmas in July celebration, which was a festive highlight shared with peers and staff.

Aron continues to thrive through familiar routines and positive engagement at home and in the community. He has enjoyed attending his regular swimming sessions, which give him both movement and relaxation. At home, he has been contributing more to daily tasks, often assisting staff with cooking, which he approaches with interest and enthusiasm.

Health and wellbeing remain a focus, with staff supporting Aron in attending appointments and meeting his ongoing needs. He continues to find joy in listening to music on the TV and spending relaxed evenings at home, creating a calm and reassuring routine. A recent highlight for him was the Christmas in July celebration at St Michael's, which he enjoyed with peers and staff in a festive and welcoming atmosphere.

Looking ahead, Aron is also preparing to receive a new wheelchair, which will further support his independence and comfort in daily life.



Paul and Gary are actively involved in their routines and enjoying meaningful experiences at home and in the community.

Gary has been showing a growing interest in cooking, assisting staff with meal preparation and developing his skills in the kitchen. He has also been leaning towards healthier breakfast choices, which is a positive step that staff are proud to encourage. Paul has been equally enthusiastic in contributing, taking part in cooking activities and enjoying the sense of accomplishment that comes from preparing meals.

Both Paul and Gary continue to take turns helping with car washing, a task they find both fun and rewarding. Regular shopping trips to Coles remain a highlight, with Paul especially enjoying conversations with staff and people in the community. He also finds joy in feeding fish and birds, an activity that brings him calm and happiness.

Outings have been another source of joy, with Paul recently visiting the car museum and spending quality time with his father on Father's Day, while Gary continues to enjoy regular visits with his family.



Alice and Lisa continue to enjoy life together and the sense of belonging that comes with their vibrant community. Weekends are a highlight, often filled with trips to local attractions, strolls through market stalls, or relaxing moments in nearby parks. A recent outing to Grindelwald was especially memorable, with them sharing lunch while taking in the scenic views. These experiences are more than recreational—they nurture friendships, strengthen social connections, and contribute to overall wellbeing. As you can see, each outing enriches the ladies' lives and deepens their bond as housemates.

During the week, life at home takes on a different rhythm. Structure and routine provide opportunities for Alice and Lisa to practice independence and develop important life skills. From packing their lunches and unpacking bags, to assisting with dinner preparation, each person contributes in meaningful ways. With encouragement from the support team, these daily activities build confidence, autonomy, and a sense of pride in their shared home. Together, the balance of purposeful weekdays and relaxed weekends creates a fulfilling and well-rounded lifestyle for the ladies.

It is with great sadness that we announce the passing of Gabbie, a much-loved member of the St Michael's community. Gabbie was not only someone we supported, but a special someone we came to know and care for deeply. She will be remembered for the joy, laughter, and warmth she brought into the lives of those around her. The bonds formed through her time with us will not be forgotten, and her presence will be greatly missed by staff, participants, and friends alike.

As we grieve her loss, we also celebrate Gabbie's life and the memories she leaves behind. Her story is a reminder of the privilege we share in walking alongside one another, building connections that enrich our community in lasting ways. RIP Gabbie.

Community Support

Thank You to our ongoing Sponsors & Supporters



Do you have a business, service or charity that you wish to be involved with St Michael's and our participants? We are seeking donations and community support for our Christmas Events- please get in touch today!
comms@stmichaels.asn.au

Respite

Lyne House

It's been a lively couple of months at respite, with everyone learning new things, practicing independence and having lots of fun together.

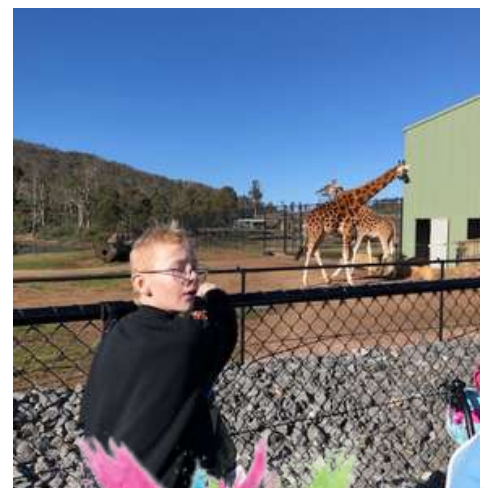
Chloe has been shining as she grows her independence, helping with cooking and cleaning around Lyne House. She loved singing along at our Christmas in July celebration, where she won Best Dressed and she confidently joined in on community outings, showing her growing confidence and enthusiasm.

Cheryl showed great independence by choosing her own clothes and snacks during outings, which boosted her confidence and sense of choice. She had a wonderful time at a girls' night in and

loved having her nails painted. Cheryl especially enjoyed the planetarium show at the museum and the ducks at Punchbowl reserve.

Aiden returned to respite full of energy. He enjoyed chatting with staff and peers and showed his curiosity by asking lots of questions during outings to Tasmania Zoo and Apricus.

These past months have shown how much fun and confidence everyone has had spending time together and getting out in the community at Lyne House. We're really proud of what everyone has done and excited to see what fun things come next!



Get ready for a splash of colour and fun! Our St Michael's Respite community is excited to be taking part in the Colour Frenzy Run in Launceston. This vibrant event is all about friendship, fitness, and laughter, and we can't wait to join together for a day filled with energy and bright memories. If you're interested, please reach out to Kade at Lyne House (respite@stmichaels.asn.au) - it promises to be an experience to remember!



In-Home Support

Paul has been making great progress in becoming more independent with his daily living tasks. He has continued to complete his laundry and putting it away neatly, as well as sweeping his floors to keep his space clean and comfortable. Paul has also been trying different foods in the kitchen, showing confidence in his cooking skills and enjoying the variety he is able to prepare for himself with some small assistance from his staff.

In addition, he has continued with his grocery shopping, which helps him plan his meals and make his own choices about what he eats. These positive steps show that Paul is taking more responsibility for his own care and building skills that support his independence, while still knowing that staff are available to provide help if he needs it.



Julian has been making wonderful progress in his daily routines, showing growing confidence and independence in the way he approaches everyday tasks. At home, he takes an active role in cooking and meal preparation, helping to plan, prepare, and cook a variety of meals. From cracking eggs and sizzling bacon, to setting the table and cleaning up afterwards, Julian's commitment to consolidating skills shines through. He also assists with household routines such as washing and drying, taking pride in keeping clothes and linen fresh and organised. These steady contributions not only build practical life skills but also reinforce his sense of responsibility and achievement in his home environment.

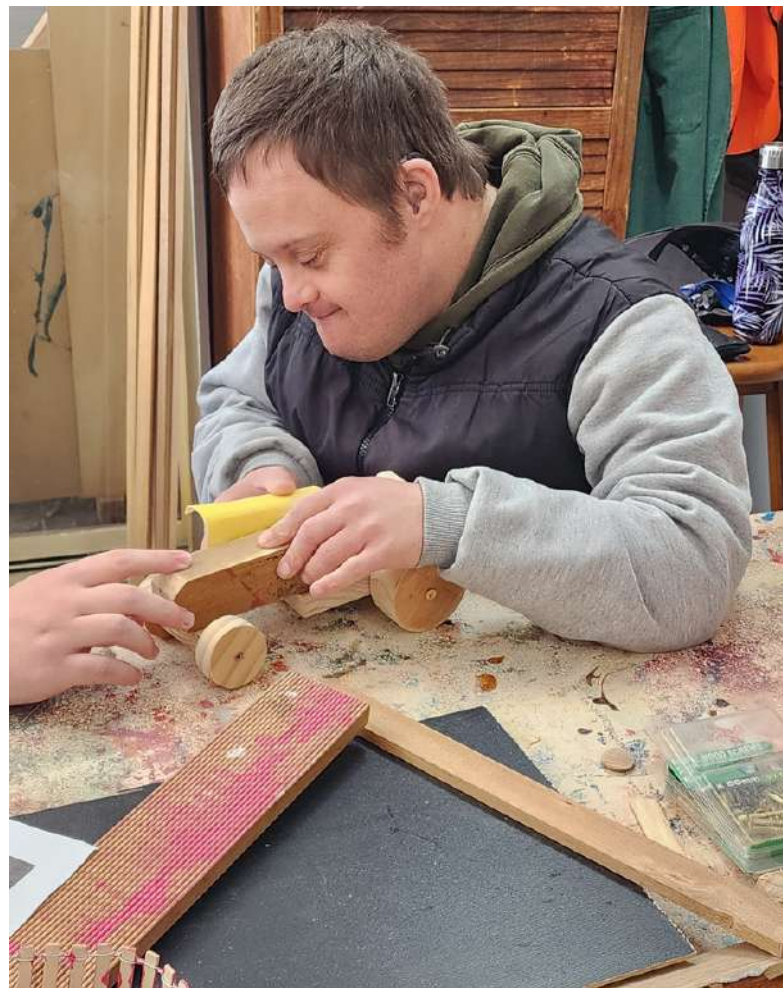
Beyond the home, Julian recently enjoyed a day out to the Tramsheds in Launceston. Exploring the machinery, enjoying a hot chocolate, and soaking up the historic atmosphere made for a fun and rewarding outing. Experiences like this highlight the balance of independence, learning, and enjoyment that Julian continues to embrace.



Program Spotlight

Based from our workshop in Newstead, our woodworking program has welcomed new ideas and challenges, with the group steadily making progress on long-term projects, under the watchful eye of our experienced support team.

So far, participants have crafted candlestick holders, a dollhouse, and even a tractor model. These creations require patience, teamwork, and perseverance—qualities that are shining through in every session. The program also provides a space for participants to share skills, celebrate achievements, and build confidence in a supportive environment. Each finished piece is a proud reminder of what can be accomplished when creativity and collaboration come together.





Christmas Dinner

**FRIDAY 12TH DECEMBER
FROM 5.30PM**

**2 COURSE MEAL
CHOIR
DANCING
LUCKY DOOR PRIZES
+ VISIT FROM SANTA**

**STMA Hall Newstead
\$49pp**
RSVP to STMA Office
by 22 NOV
Ph: 6331 7651

St Michaels' Services

All NDIA Registered Supports

Support Coordination - Support Coordination is designed to minimise the complexity of negotiating with service providers, government agencies and accommodation providers.

Community Access - The program incorporates support to enable a participant to independently engage in community, social and recreational activities during the week and operates from 9 am to 3pm Monday to Friday from our City, Newstead and Devonport Campuses

Merton House - Support incorporates assistance with and/or supervising tasks of daily life in a shared living environment, which is either temporary or ongoing, with a focus on developing the skills of each individual to live as autonomously as possible. This program operates from our accommodation facility from 3pm to 9am Monday to Friday and 24 hours Saturday and Sunday.

In-Home Support - Supports provide assistance with and/or supervising personal tasks of daily life to develop skills of the participant to live as autonomously as possible. This program operates seven days a week.

Respite (Lyne Building) - Short term respite services include integrated support for self-care, accommodation, food and activities for short periods. This program operates 7 nights per week. This is a short term respite program which provides 24 hour support.

Individual Support - This is specific to the needs of the individual and may include enabling a participant to independently engage in community, social and recreational activities, personal care, educational assistance, living and life skills. Support can be provided 24/7 365 days a year and can be delivered in home or at STMA.

Supported Independent Living and Group Homes - There are a number of facilities located on site and in the broader community. Services provide incorporate assistance in meeting daily life requirements and to develop the skills of an individual with standard support needs to live autonomously as possible. These programs operate 7 days a week and conditions apply for eligibility.

Social Club - Social Club is being held in the hall at STMA at various times throughout the year. These evenings are arranged around a time of year or special event. This is a time for clients to get together for a meal, socialise and engage with each other.

Plan Management - Plan Management involves helping participants manage the funding in their NDIS plans by undertaking tasks like processing invoices, keeping track of budgets, and ensuring providers are paid on time. Plan management offers greater flexibility and control over service providers, without the burden of financial paperwork.

Independent Living Units - The 53 Independent Living Units in Newstead and 16 in Devonport are currently fully occupied with tenant / landlord agreements in place. The units provide independent living in a safe, supported environment. The units are more suited to clients with higher skills, requiring minimal assistance and can incorporate assistance with self-care activities (see In-Home Support). Please note there is a specific criteria that is required to be eligible for this service.

St Michaels Training (RTO 60067)

St Michaels Training provides accredited training for Tasmanians with a disability and individuals working in the disability sector. Offering the following qualifications:

- CHC33021 Certificate III in Individual Support
- CHC43121 Certificate IV in Disability Support
- TLI11321 Certificate I in Supply Chain Operations
- 11076NAT Diploma of Leadership in Disability Services

Skill sets offered include:

- CHCSS00133 Induction to Disability Support
- CHCSS00130 Individual Support - Disability
- CHCSS00070 Assist Clients with Medication Skill Set
- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID011 Provide first aid
- Report Writing
- Leadership
- Mental Health

Contact Details

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