

THE INDEPENDENT

By St Michael's Association Inc

Highlights

Cracker Night 2026

Big Freeze 12

Looking Ahead - AGM



FROM THE CEO

Mike Thomas

As winter has settled in, this edition of The Independent once again captures the warmth, energy and sense of belonging that define the St Michael's community. Although the days may be colder, there has been no shortage of activity across our Newstead and East Devonport campuses, our homes, Lyne House and our In-Home Supports. Everywhere I look, I see people learning new skills, making choices, strengthening friendships and enjoying the ordinary moments that make life meaningful.

In the Autumn edition, I wrote about how much I was looking forward to Cracker Night 2026. I am delighted to report that the evening more than lived up to our hopes. Over a hundred participants, families, friends, staff and community members gathered at Newstead under a clear winter sky for fireworks, food and good company. The firepits, food, sparklers and excitement before the display created a wonderful atmosphere, and Bright Star Fireworks Australia delivered a spectacular show that lit up the Newstead sky.

Events of this scale only happen because people are willing to contribute their time and effort. My sincere thanks go to our Day Program and In-Home Support teams for hosting supper and making sure everyone felt welcome, warm and well looked after. I also want to thank Heath, our Director of Maintenance and Assets and his team (comprised of Matt, Leon and their assistant, Declan) for the careful preparation that ensured the grounds, lighting and crowd areas were ready and safe. Cracker Night was a genuine community occasion, and it was wonderful to see participants from across our services enjoying it together.

There has also been plenty of good-natured fun for a serious cause. St Michael's again supported Big Freeze 12, with Kevin, Meg and even yours truly taking our turn beneath the ice buckets outside the Merrington Centre. The water was every bit as cold as expected, but the laughter, encouragement and strong turnout made it worthwhile. Motor Neurone Disease affects many Australian families, and we were proud to play our small part in raising awareness and keeping this important cause in the community conversation.

The spirit of recognition continued at our Shining Stars morning tea on 25 June. Congratulations to Tash Reardon and Brett Martin, our Devonport and Launceston Shining Star recipients, and to all those recognised for Active Support, Team Work and Leadership. Congratulations also to the RTO Team, which received the Team Award.

Brett's award coincided with an extraordinary milestone—25 years of service to St Michael's. His knowledge, commitment and advocacy have made a lasting contribution to our organisation, and I thank him warmly for a quarter of a century dedicated to those we support.

Across our programs, the quieter achievements are just as important. At Newstead, participants have embraced the Body & Movement Program, community outings and a woodworking project to make pickleball paddles for weekly sport. In East Devonport, winter cooking, homemade jam and scones, creative work on the Winter Greetings Board and the continued success of Freedom Fridays are helping people build confidence and independence. We have also welcomed Tora, Justin and Tristan to the East Devonport team, and I hope everyone will make them feel at home.

In our supported accommodation homes, participants have continued to build everyday living skills through cooking, cleaning, laundry, shopping and organising their own spaces. Just as importantly, they have been choosing outings and activities that reflect their individual interests—from cafés, parks and museums to church, shopping, swimming and community events.

At Lyne House, trips to the Evandale Market, the new PCYC, basketball and an AFL game have created new connections and a stronger sense of belonging. Our In-Home Support participants have also remained active in the community through Parkrun, wrestling events, shopping, cafés and shared meals. These experiences reflect genuine choice and control in action.

I am also very pleased to welcome Brad Ellem as our new Director of Disability Services. Brad brings extensive clinical and leadership experience across health, mental health, aged care and the NDIS. More importantly, he shares our focus on listening to people, understanding their goals and supporting them to exercise genuine choice and independence. Brad has already begun getting to know participants and staff, and I look forward to the contribution he will make as we continue to strengthen service quality, partnerships and the support we provide.

Our Autumn edition also highlighted the significant reforms proposed for the NDIS. That work remains important. Changes of this scale naturally create questions for participants, families and providers, and St Michael's will continue to monitor developments, prepare carefully and share information as further detail becomes available. While the policy environment may change, our commitment does not: participants will remain at the centre of our decisions, and we will continue to advocate for safe, sustainable and high-quality supports.

Looking ahead, there are more opportunities to come together. Christmas in July returns to the Merrington Centre on Saturday 25 July, with a two-course roast dinner, dessert, games, prizes and plenty of festive cheer.

Our Annual General Meeting is also approaching in September. The AGM is an important opportunity to recognise the Association's achievements, hear about its performance and welcome new voices to the Board. I encourage members to attend, and anyone who would like to contribute more directly to St Michael's future to consider becoming a member or nominating for the Board.

As St Michael's marks 60 years of service in 2026, each of these stories reminds us that our history is not only measured in years. It is measured in relationships, opportunities, achievements and the many moments when someone feels included, valued and supported to live life on their own terms.

Thank you once again to our participants, families, staff, volunteers, members, sponsors and supporters. Whether you helped make Cracker Night possible, cheered on our Big Freeze event, supported someone to learn a new skill, or simply offered friendship and encouragement, you have helped make this winter another memorable chapter in the St Michael's story.

CRACKER NIGHT

Lighting up the Newstead Sky

Cracker Night is one of the highlights on the St Michael's social calendar, and 2026 lived up to all the hype! Hundreds of us gathered under a clear winter sky for fireworks, food, and good company, and it felt exactly like the community occasion it's meant to be.

The night kicked off with families arriving well before dark to grab a good spot around the warm firepits and viewing areas. There's something about the buzz before the fireworks start - kids running around, blankets out, the smell and smoke of the fires drifting across the grounds - that makes Cracker Night feel like it belongs to everyone.

When the display lit up the sky, it was every bit as spectacular as we'd hoped. A big thank you to our friends at Bright Star Fireworks Australia, whose lengthy and lively display really gave Newstead a show to remember.



None of it happens without a lot of work behind the scenes. Thank you to our Day Program and In-Home teams, who hosted a fantastic supper on the night and made sure everyone was fed, warm, and looked after from start to finish.

A special mention too for Heath and the Assets team, who spent the lead-up to the night making sure everything was set up safely - from crowd areas, to lighting, and keeping the grounds ready for hundreds of visitors. It's the kind of work that goes unnoticed when it's done well.

LATEST NEWS

Big Freeze for MND

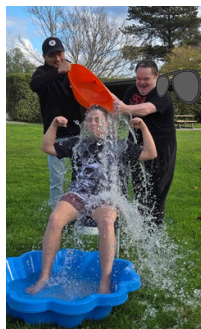
Big Freeze 12 is done and dusted, and St Michael's got behind it in the best possible way, with Mike, Kevin and Meg taking the plunge. Each took their seats outside the Merrington Centre and waited for the inevitable - courtesy of some very enthusiastic volunteers.

All three were great sports about it, and the reactions said it all. There's nothing quite like watching your CEO brace for a bucket of ice water to bring a crowd together, and this one didn't disappoint.

Big Freeze is a national campaign raising awareness and funds for Motor Neurone Disease, and we're proud to have played our small part in building that awareness again this year. It's a simple idea with a serious purpose, and moments like this one help keep the conversation going.

A huge thank you to our three freezers - Mike, Kevin and Meg - for taking the challenge without hesitation, and to everyone who came out to cheer them on. Newstead showed up in force, and the energy on the day made it clear how much this cause matters to our community.

We have room for a couple more volunteers next year!



Shining Star Awards

The Shining Stars morning tea filled the Merrington Centre with cake, coffee, and a bit of friendly competition on Thursday 25 June, as we celebrated the best of both campuses.

At Devonport, Tash Reardon took out Shining Star, Chris Ryan was recognised for Team Work, and Dylan Wells picked up the Active Support award.

In Launceston, Savannah Restall won Active Support, Mick De Weys took Team Work, and Kade Moore was recognised for Leadership. The RTO team walked away with the Team Award.

The biggest cheer of the morning though was for Brett Martin, who took home the Shining Star Award and marked an extraordinary milestone: 25 years with St Michael's. In that time Brett has become known for his deep knowledge of the people he supports and his willingness to pass that knowledge on to colleagues. He's also been a passionate advocate for workplace improvements over the years, including one particularly memorable campaign for a vending machine and, perhaps more famously, his own dedicated car parking space! We're still considering the car park request, Brett, but on everything else - thank you for 25 years of dedication to this community. Congratulations to all the winners.



MEET OUR TEAM

WELCOMING BRAD ELLEM TO ST MICHAEL'S



Name: Brad Ellem

Role: Director of Disability Services



Introduction: I am a physiotherapist who has had many years clinical and managerial experience in the public hospital system, public mental health system, aged care and NDIS. In every role the patient, client or participant health and well-being has been at the forefront of my efforts and actions. I achieve that by connecting with people by developing understanding of issues and perspectives from their viewpoint and looking for ways that my skills and experience can help them achieve the goals they set for themselves.

Qualifications & Experience: I have a degree in Criminology from Griffith University (1997) and my Physiotherapy degree from the University of Notre Dame Australia (2009). I have had the opportunity to work with vulnerable people and those with a disability my whole professional career.

Interests & Hobbies: I enjoy the outdoors, hiking, playing golf or any other sport that people recommend and even just working around the house and in the garden. Friends and family are important to me and enjoying simple pleasures in life like a catchup with friends over a nice meal or playing a board game with my family.

Pop Quiz

- Favourite Food: Spicy Asian Food
- Favourite Drink: Wine or water
- Favourite Sport: Golf or ball sports in general
- Favourite Travel/Holiday Destination: Snow holiday
- Favourite Book: Suduko puzzles
- Favourite TV Shows: Breaking Bad and The West Wing
- Describe yourself in one sentence: Always open to new challenges.
- Fun Fact About You: I love to cook and I make the best brownies.

A LITTLE MORE ABOUT BRAD...

New to his role as Director of Disability Services, Brad brings a vast range of experience across allied health, supporting vulnerable people, and participant well-being to St Michael's - we sat down with him to find out a bit more about his background, his priorities, and what excites him most about the road ahead.

What first drew you to the disability and community support sector, and when did you realize this was the career path for you?

Entering this sector felt like a natural extension of my career as a physiotherapist and manager. Helping people achieve their goals is what brings me the greatest satisfaction, and it is the exact reason I became a physio in the first place.

With your background leading up to this appointment, what key experiences or lessons from your career are you most excited to bring to St Michael's?

I bring a broad background spanning health, disability, mental health, and aged care. My experience ranges from working in busy emergency departments to managing community-based allied health professionals right across Tasmania, giving me a well-rounded perspective on care delivery.

What was it about this specific role at St Michael's that made you want to step into it?

While it aligns with my previous management roles in health and aged care, this position offers unique opportunities because St Michael's delivers a distinct model of service. I am excited to step into this role to face new challenges and expand my professional skill set.

From your perspective, what makes St Michael's stand out as a provider, and how do you plan to preserve or build on that point of difference?

St Michael's stands out because of its exceptional industry reputation and its deep commitment to participant independence. Having worked in allied health in Launceston, I saw firsthand how highly regarded the organisation is by local providers and participants alike. I plan to build on this by strengthening regional partnerships, leveraging St Michael's Training to support our staff, and ensuring we continue delivering genuine choice and control.

Every new appointment comes with its own unique set of opportunities. What are you most looking forward to tackling or developing first?

I always look for areas where I can make a meaningful impact, specifically through staff efficiencies, process improvements, and service quality enhancements. Coming in with fresh eyes, my primary goal is to identify these opportunities to build upon the already high standards St Michael's is known for.

Outside of the day-to-day operations, what do you find most rewarding about working alongside participants and support staff?

I am really enjoying getting to know our participants and staff. Everyone comes with a unique backstory and a fascinating journey that brought them to where they are today, and hearing those stories is incredibly rewarding. Ultimately, everything we do here is all about the people!

AGM & Board Nominations

St Michael's Annual General Meeting is coming in September, and we'd love to see as many members as possible there on the night.

The AGM is where we recognise the efforts of our staff, performance of the Association, and when we welcome new voices onto our Board. If you've ever considered contributing your skills and experience to help guide St Michael's into its next chapter, nominations for Board positions are now open.

Board members play a genuine role in shaping the direction of the organisation, working alongside the CEO and Executive Leadership team on the decisions that matter most to our community.

If you're not yet a member and would like to have a say in the future of St Michael's, consider joining today.



HAVE YOUR SAY

JOIN THE ASSOCIATION

Becoming a member of St Michael's Association Inc. offers a unique opportunity to contribute to our community's future while actively participating in important decisions. Membership is just \$25 per year, granting you voting rights at Annual General Meetings and give you a clear voice in shaping the Association's direction.

Your support as a member helps St Michael's remain adaptable and forward-thinking in its mission. Whether you're interested in governance, supporting community initiatives, or simply want to stay informed, membership ensures you are part of the journey.

Join us today to be an integral part of St Michael's future! To apply for membership simply email ceo@stmichaels.asn.au and a Membership Application will be sent to you.

Support our Community

THANK YOU TO OUR ONGOING SPONSORS & SUPPORTERS

Do you have a business, service or charity that you wish to be involved with St Michael's and our participants? We are seeking donations and community support for 2026 - please get in touch today! comms@stmichaels.asn.au



LAUNCESTONLANES



COMING UP: CHRISTMAS IN JULY



Christmas in July is back for 2026.

Our Residential team is bringing the community together again this year for an evening of festive cheer in the middle of winter. It's become one of our favourite nights on the calendar, and this year is no exception.

Christmas in July 2026 is happening on Saturday 25 July, from 5.00pm to 7.30pm, at the Merrington Centre, Newstead. There'll be a two course roast dinner with dessert, door prizes, a fashion parade, and best dressed on the night.

As always, the evening is open to everyone - participants, families, friends, and anyone from the broader community who'd like to join in.

Games, food and prizes are all part of the night, thanks to the planning and hard work of our Residential team behind the scenes, including a popular 2x course roast dinner with dessert.

Tickets are \$25 per person, and bookings are essential as there are no door sales. Final bookings will close quickly, so please get your RSVP in to secure your spot: **phone (03) 6331 7651 or call into the office during normal business hours.**

Saturday 25 July, 5.00pm to 7.30pm.

Merrington Centre, 22 Hobblers Bridge Rd, Newstead.

RSVP due to close mid July. We'd love to see you there.

2026

st michael's
Building Independence

OUR RESIDENTIAL
TEAM INVITE YOU TO
ENJOY
CHRISTMAS
in July

GAMES | FOOD | PRIZES

SAT JULY	25	5.00 - 7.30PM
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Merrington Centre, Newstead
2 Course Roast Dinner & Dessert
Door prizes, fashion parade
& best dressed!

\$25pp RSVP by 14 July to St
Michael's Office
*Bookings Essential (no door sales)

DAY PROGRAM

Newstead



It's been a busy season at the Newstead Day Program, with participants making the most of every opportunity to stay active and social.

We got behind the MND Ice Bucket Challenge in a big way, with participants and staff taking the plunge together and plenty of laughs along the way.

Our Wednesday Morning Body & Movement Program is now well underway, and it's become a real highlight of the week. Participants have been trying everything from stretching to low-impact workouts, all supporting overall health and wellbeing, and there's been no shortage of encouragement flying around the room as everyone gets stuck in.

The ever-changing weather hasn't slowed anyone down. We've been out and about at Bunnings, enjoying coffee at local cafés, wandering the museum, and taking in the views at Trevallyn Dam. Getting out into the community like this is always one of the best parts of the program, building confidence, independence and community connections along the way.



BUILDING CAPACITY & NEW SKILLS

PICKLEBALL PADDLES

Our Woodworking Group has taken on a new project - building pickleball paddles for the Wednesday afternoon sports sessions. It's been a great chance to build some woodworking skills, and everyone's keen to see the paddles out on the court.



DAY PROGRAM

Devonport

Winter has settled in at East Devonport, and the team has embraced it with a warm and cosy start to the season.

While everyone's been rugging up against the cold, our participants have been busy in the kitchen creating some hearty winter favourites. Curried chicken was the standout amongst our participants.

Eryn has also started work on our 2026 Winter Greetings Board, and it's already looking fantastic. Watching participants express their creativity and bring some colour and warmth to the season through their own artwork has been one of the highlights of the last few weeks, and a great example of the confidence and self-expression that comes with having the space to create.

We've also welcomed some new faces to the East Devonport team. If you see Tora, Justin or Tristan around, say hello and give them a warm welcome.

Freedom Fridays continue to be a highlight of the week, giving participants the chance to build independence and try new experiences on their own terms.



DAILY LIVING SKILLS

IN THE KITCHEN

In addition to creating some of our winter favourites, our kitchen program included a cooking session that saw everyone make their own homemade jam, perfectly suited to a batch of freshly baked scones.



SUPPORTED ACCOMMODATION

Our residential crew have been out and about again, making the most of their community access with support staff. Everyone's had the chance to follow their own interests, whether that's exploring local attractions, catching up at a favourite café, running errands, getting to appointments, or trying something recreational. It's meant real choice and real engagement with the community, on each person's own terms.

At home, the focus has stayed on everyday living skills and building greater independence. Residents have been getting stuck into meal prep, cooking, cleaning, laundry, and keeping their own spaces organised, building practical skills, responsibility, and a good sense of achievement along the way.

Nicholas, Stephen and Andrew have kept busy, with plenty of outings, routines and shared moments along the way.

All three enjoyed a Crossroads outing to Deloraine, taking in a change of scenery and some time together in the community. Each of the gentlemen continues to attend his regular church services, and Stephen and Andrew also made it along to special church events at Hadspen and Evandale.

At home, the gentlemen keep pitching in with household routines, helping with dishes, folding clothes and other simple tasks with staff support.



It's been a season for Aron, with familiar routines, plenty of choice, and some real progress along the way. He enjoys his weekly shop and productive time out with support staff.

He's relaxed, in good spirits, and happy during social activities - clearly enjoying his time in the community. At home, he continues to take part in daily routines and household tasks with staff support, staying connected and involved in his own space.



Aron has settled well into his new wheelchair. After some initial hesitation, he's now using it comfortably and it's made a real difference to how he gets around and takes part in outings.

A highlight of the period was St Michael's Cracker Night, where Aron threw himself into the atmosphere and had a great night out. He's also kept up his regular outings and day program activities, including swimming, shopping, café visits, and trips to the aquatic centre and Country Club

Paul and Gary have kept busy with familiar routines and plenty of activities that reflect what each most enjoy. Paul has stayed involved around the home, helping with laundry, cleaning and meal preparation. Out and about, he's been shopping at Coles and IGA, visiting local parks, and spending time at the Queen Victoria Museum and Art Gallery, always keen to choose his own items and be part of the experience.

Gary has also kept busy at home, helping with meals, folding clothes, doing laundry and keeping his space tidy. He loves a drive around familiar spots like Kings Meadows, Invermay, Riverside, Tailrace and Churchill Park, and shopping trips, outdoor meals and relaxed outings remain firm favourites.



Support our Community

MAKE A DONATION TO ST MICHAEL'S

St Michael's has been part of northern Tasmania since 1966. Every donation goes directly back into the community we serve.

Donations of \$2 or more are tax deductible.

BSB: 017 042 Account: 002 398 139 Payable to: St Michaels Association Inc. Or make a donation in person at our Newstead office during normal hours.

Thank you for being part of our community.





Both Lisa and Alice have been attending their day programs consistently throughout the week, and at home, Alice has kept busy with the things she loves - looking through her jewellery collection, working through puzzles, watching her favourite shows, and enjoying her music.

She's also been preparing her own platters and wraps with support, and clearly takes pride in making her own choices and pitching in around the house.

Out and about, Alice has been getting to some of her favourite spots, including Seaport, Tailrace Park, Jude Café, Bunnings, local parks, the shops and the Casino. A trip to McDonald's is always a highlight, along with waterfront walks, flicking through catalogues, and having a chat with staff and people she meets along the way.

At home, Lisa likes to relax in the lounge, listen to music, watch television, and spend time with staff and housemates. She's included in household routines and makes her own choices around meals and daily activities, which has been good for both her independence and her confidence.

Lisa has also been getting out into the community, with outings to Heritage Forest, local parks, Seaport, Newstead Café and other favourite spots, always enjoying the chance to be out and about and connect with others.

Lisa celebrated a big milestone recently, turning 58 on 30 June. She loved being celebrated on the day, including a lovely lunch with her mum and sister. Lisa continues to build positive, genuine connections with family, friends, housemates and staff, and feels valued, included and connected to the people around her.



Vickie and Robyn are also attending day programs consistently throughout the week. At home, Vickie takes real pride in her independence, preparing her own meals and snacks and keeping on top of everyday tasks like making her bed, doing laundry and unpacking groceries. When she's not busy with those, she likes to unwind with music, her favourite shows, time on her iPad, colouring, and games of Uno and Trouble with staff and housemates.

Vickie has also been making the most of the wider community, with outings to Woolworths and Coles at Kings Meadows, Kmart, Bunnings and the local shops. She takes an active role wherever she goes, pushing her own trolley, picking out her items, and using her bank card to pay for things herself. She's also been thinking of others lately - picking out a toaster for her mum and choosing a birthday gift for Robyn. Vickie keeps up regular conversations and visits with her mum, and clearly enjoys sharing her news with the people around her.

Robyn takes pride in being involved in her daily routines, whether that's relaxing with a cup of tea, watching television, reading magazines, or completing word searches. She's also been getting stuck into meal preparation, helping with the cooking and chopping vegetables, and choosing what she'd like for dinner.

Out in the community, Robyn has enjoyed getting out and about, including a trip to Kings Meadows for a haircut at Just Cuts and a meal at Donut King, along with drives and outings to other local areas. She also keeps up with appointments and community activities that support her day-to-day. Robyn is a social one - always up for a chat, whether with peers or staff, and clearly enjoys the friendly interactions that come with her day.



RESPITE

Lyne House

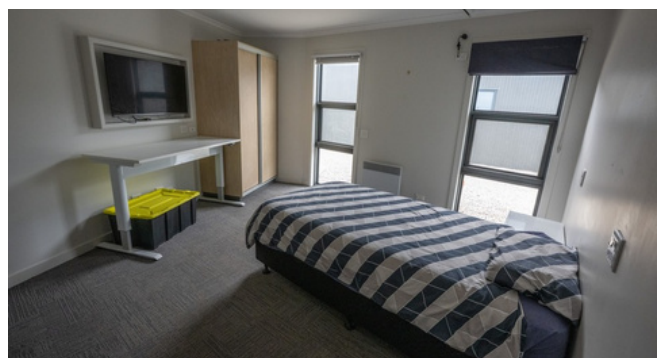
Lyne House has had a busy couple of months, with participants making the most of some great outings around the region and plenty of opportunities to build connections along the way.

Recent highlights have included the Evandale Market, local cafés, basketball at the new PCYC, and even an AFL game. Each outing has been a chance to meet new people, build confidence, and get more comfortable exploring different corners of the community. Participants have taken the lead in choosing the activities that matched their own interests, which has meant more say over how they spend their time and a stronger sense of ownership over each outing.



The regular basketball sessions in particular have become a great way to build relationships outside the household, with participants getting to know other regulars at the PCYC and settling into a familiar routine each week.

It's been wonderful watching everyone take on new experiences, grow their skills, and build a genuine sense of belonging within the wider community. Our respite participants enjoyed Cracker Night (one in particular loving the chance to help out with the food on the night), and we're already looking forward to Christmas in July later this month.



Coming Soon...

JULY



25 Christmas in July
Social Club

Lyne / Merton

AUGUST



07 Jeans for Genes Day

IN-HOME SUPPORT

IN THE COMMUNITY

Gerard remains a committed participant in the weekly Parkrun events. Focused on improving his health and fitness, Gerard enjoys spending Saturday mornings completing the 5km course alongside his support workers, come rain or shine.



The In Home Support team has kept participants busy this season, building skills, staying active, and enjoying the community activities that matter most to them. Jesse is a passionate fan of Tasmania Championship Wrestling and never misses a match when it comes to Launceston. With support from his team, he gets along to events, socialises with other fans, and cheers on his favourite wrestlers with plenty of enthusiasm.

Glenn, Stewart and Jo have kept working on important everyday skills, including grocery shopping, handling money, and making healthy food choices. With support from their workers each week, all three have grown in confidence and independence as they complete their shopping.

Winter has well and truly arrived, and Hannah and Julieanne have made the most of the cooler weather with trips to local cafés and restaurants. A hot drink or a bowl of soup, a good chat, and time with their support team - simple pleasures, well enjoyed.

Support our Community

LEAVE A LASTING GIFT

A bequest to St Michael's is one of the most meaningful ways to support Tasmanians living with disability - long into the future.

By remembering St Michael's in your will, you become part of more than 50 years of community care, and help ensure that care continues for generations to come.

To find out more, please contact us in confidence via info@stmichaels.asn.au or call (03) 6331 7651.



ST MICHAELS' SERVICES

All NDIA Registered Supports

Support Coordination - Support Coordination is designed to minimise the complexity of negotiating with service providers, government agencies and accommodation providers.

Community Access - The program incorporates support to enable a participant to independently engage in community, social and recreational activities during the week and operates from 9 am to 3pm Monday to Friday from our City, Newstead and Devonport Campuses

Merton House - Support incorporates assistance with and/or supervising tasks of daily life in a shared living environment, which is either temporary or ongoing, with a focus on developing the skills of each individual to live as autonomously as possible. This program operates from our accommodation facility from 3pm to 9am Monday to Friday and 24 hours Saturday and Sunday.

In-Home Support - Supports provide assistance with and/or supervising personal tasks of daily life to develop skills of the participant to live as autonomously as possible. This program operates seven days a week.

Respite (Lyne Building) - Short term respite services include integrated support for self-care, accommodation, food and activities for short periods. This program operates 7 nights per week. This is a short term respite program which provides 24 hour support.

Individual Support - This is specific to the needs of the individual and may include enabling a participant to independently engage in community, social and recreational activities, personal care, educational assistance, living and life skills. Support can be provided 24/7 365 days a year and can be delivered in home or at STMA.

Supported Independent Living and Group Homes - There are a number of facilities located on site and in the broader community. Services provide incorporate assistance in meeting daily life requirements and to develop the skills of an individual with standard support needs to live autonomously as possible. These programs operate 7 days a week and conditions apply for eligibility.

Social Club - Social Club is being held in the hall at STMA at various times throughout the year. These evenings are arranged around a time of year or special event. This is a time for clients to get together for a meal, socialise and engage with each other.

Independent Living Units - The 53 Independent Living Units in Newstead and 16 in Devonport are currently fully occupied with tenant / landlord agreements in place. The units provide independent living in a safe, supported environment. The units are more suited to clients with higher skills, requiring minimal assistance and can incorporate assistance with self-care activities (see In-Home Support). Please note there is a specific criteria that is required to be eligible for this service.

St Michaels Training (RTO 60067)

St Michaels Training provides accredited training for Tasmanians with a disability and individuals working in the disability sector. Offering the following qualifications:

- CHC33021 Certificate III in Individual Support
- CHC43121 Certificate IV in Disability Support
- TLI11321 Certificate I in Supply Chain Operations
- 11076NAT Diploma of Leadership in Disability Services

Skill sets offered include:

- CHCSS00133 Induction to Disability Support
- CHCSS00130 Individual Support - Disability
- CHCSS00070 Assist Clients with Medication Skill Set
- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID011 Provide first aid
- Report Writing
- Leadership
- Mental Health



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clients' financial
journeys."
-Andrew Ledingham



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